

Family Coach Program

Call (386) 734-2236

The goal of the Family Coach Project is to strengthen families using multiple strategies that encourage self-sufficiency and keep children safe in their homes. The Project provides mental health screening, assessment and treatment referrals, in-home support including life skills, family management and employment retention skills. Services are provided to children and families to prevent removal and out-of-home placement.

Cost: No charge to qualifying families.

Referral Procedure: Referrals are made through DCF/CPC only.

CASA START Program

Call (386) 860-1776

Targets Deltona middle school youth at high risk for substance abuse, delinquency and school failure. We partner with the youth's family, school system, social services and law enforcement to reduce youth substance abuse and delinquency and promote positive development. Intensive case management includes mentoring, home visits, monitoring school progress and engaging youth in positive out of school activities.

Cost: No Charge to qualifying families.

Infant Mental Health Initiative

The Infant Mental Health Initiative will assess infants and toddlers, ages 1 month to 36 months for social and emotional developmental delays. Assessment will be offered through both center-based and family daycares. Intervention strategies will be provided by staff, as necessary, and progress will be measured by re-assessment. The family of an infant or toddler not responding to the intervention plan will be assisted by staff in receiving further assessment and referral to early intervention/early childhood special education services. **Cost: None**

Information: 386-734-2236

School-Based Programs

Referrals are made by individual schools

Alpha—Volusia (Discovery, Westside, T.T. Small and Starke Elementary Schools). Alpha is special service for 4th and 5th grade students with disruptive behaviors that uses behavior modification (rewards and consequences), individual and group counseling and parent counseling to effect positive changes for the student and parent.

Beta—Volusia (DeLand Middle)

A middle school program combining group/individual counseling and parent home visits offered to targeted students.

Success by Design—Volusia (Taylor Middle)

A behavior modification program working with students in school and parents in home to improve school success.

TEAM/Homework Club—Component of West Volusia Police Athletic League (PAL). Co-partnering to bring specific counseling, tutoring and sportsmanship for sports and community service projects to at-risk youth enrolled in the P.A.L. program. Homework Club provides tutoring to neighborhood children.



“Nurturing Families Building Communities” Established 1976

Administration

804 N. Woodland Blvd.
DeLand, FL 32720
(386) 734-7571
(386) 734-0252—fax

Our Counseling Locations

DeLand Counseling Center

121 W. Pennsylvania Avenue
DeLand, FL 32720
(386) 738-9169
(386) 943-8823—fax

Deltona Counseling Center

820C Deltona Blvd
Deltona, FL 32725
(386) 860-1776
(386) 860-6006—fax

East Volusia Counseling Offices

The House Next Door at
Presbyterian Counseling Center
430 Braddock Avenue
Daytona Beach, FL 32118
(386) 738-9169
(386) 943-8823—fax

The House Next Door at
Easter Seals Office
1219 Dunn Ave.
Daytona Beach, FL 32114
(386) 738-9169
(386) 943-8823—fax

Medicaid Provider at all Counseling Centers

www.thehousenextdoor.org



Calendar of Services

**April – June
2010**

We offer a comprehensive array of services throughout Volusia and Flagler counties, including:

- **Counseling Services**
- **Early Childhood Parenting**
- **Teen & Parent Programs**
- **Family Support Services**
- **Community Support Programs**

OUR MISSION

The House Next Door nurtures and empowers families to help build stronger communities.

www.thehousenextdoor.org

APRIL 2010

The House Next Door—Serving Volusia County

DATE	DAYS	PROGRAM	SERIES/LENGTH	TIME	PLACE	CALL (386)
12, 15, 19, 22	Monday & Thursday	FAME Family Anger Management Ed.	4 Classes	6:00-8:00 pm	Living Faith Church 950 Derbyshire Rd, Daytona Beach	717-5456
Continues April 5	Monday	Adult Anger Management East Side	6 Classes	6:00-8:00 pm	Living Faith Church 950 Derbyshire Rd, Daytona Beach	738-9169
Continues April 5	Monday	Adult Anger Management West Side	6 Classes	6:00-8:00 pm	820C Deltona Blvd. Deltona	738-9169
6,13,20,27 thru June 8	Tuesday	Making Changes Parenting Class Ages 3 – 11	10 Classes	9:30 - 11:30 am	Reality House Daytona Beach	734-2236
8,15,22,29 thru June 10	Thursday	Making Changes Parenting Class Ages 3 – 11	10 Classes	12:00- 2:00 pm	Living Faith Church 950 Derbyshire Rd, Daytona Beach	734-2236
5,12,19,26 thru June 7	Monday	Step by Step Parenting Class Prebirth-36 months	10 Classes	6:00 -8:00 pm	Living Faith Church 950 Derbyshire Rd, Daytona Beach	734-2236
7, 14, 21, 28 thru June 9	Wednesday	Making Changes Parenting Class Ages 3—11	10 Classes	10:00 am - 12:00 pm	Living Faith Church 950 Derbyshire Rd, Daytona Beach	734-2236

MAY 2010

17, 20, 24, 27	Monday & Thursday	FAME Family Anger Management Ed.	4 Classes	6:00-8:00 pm	Lighthouse Church 1525 S. SR 15A DeLand	717-5456
3,10,17,24	Monday	Adult Anger Management West Side	6 Classes	6:00-8:00 pm	820C Deltona Blvd. Deltona	738-9169
3,10,17,24	Monday	Adult Anger Management East Side	6 Classes	6:00-8:00 pm	Living Faith Church 950 Derbyshire Rd, Daytona Beach	738-9169

JUNE 2010

21, 24, 28 July 1	Monday & Thursday	FAME Family Anger Management Ed.	4 Classes	6:00-8:00 pm	Living Faith Church 950 Derbyshire Rd, Daytona Beach	717-5456
Continues 7, 14	Monday	Adult Anger Management West Side	6 Classes	6:00-8:00 pm	820C Deltona Blvd. Deltona	738-9169
Continues 7, 14	Monday	Adult Anger Management East Side	6 Classes	6:00-8:00 pm	Living Faith Church 950 Derbyshire Rd, Daytona Beach	738-9169

FAME - Family Anger Management Education - East and West Volusia **TEEN** Call (386) 717-5456

FAME is a program for 11-17 year old youth who have exhibited poor impulse control. Special emphasis is placed on specific skills needed to successfully enable the youth to express, defuse and negotiate anger. Goals of the program are to increase anger management skills, reduce family hostility, aggression and conflict; improve school grades, attendance and conduct; prevent recurring and/or involvement with the juvenile justice system. The program meets 2 nights a week for 2 weeks for a total of 8 hours (4 sessions). **Parents and teens must attend together. Referral Procedure:** Teen Programs Referral Form sent/faxed to the HND Administrative Site. Families may self-refer. **Cost:** \$50 per family per series. \$10 discount if paid by 1st session.

Cash or money order only.

ADULT Anger Management

Call (386)-738-9169

Adult Anger Management is a 12-hour class that meets two hours weekly in the evening for six weeks. The focus of this class is not on domestic violence. Clients must be registered to take the class. Agencies may refer clients and individuals may self-refer to this program by calling the HND Administrative site. **Cost:** \$10 per class or \$50 if paid at 1st session. **Cash or money order only.**

Making Changes: Parenting Three to Eleven years old- Call (386)-734-2236

Making Changes is a program designed to assist **parents with children ages 3-11** to become more nurturing and responsible in their parenting. Program components: 1) Parent Success Group: 10 group meetings covering basic child development, feelings and communication, corporal punishment, chores and rules, positive reinforcement options, negative consequences, assertive discipline, problem-solving, child safety and nutrition. 2) Three Individual Counseling Sessions: An opportunity for parents to express parenting concerns and questions on a one-to-one basis.

Referral Procedure: Making Changes referral form must be completed and faxed/sent to the HND Administrative Site. **Pre-registration required.** Parents may be referred by DCF, CPFC, the court system, other agencies, or self.

Cost: \$50 per family per series. \$10 discount if paid by 1st session. **Cash or money order only.**

Step by Step: Parenting from Birth to 36 Months Call (386)-734-2236

Step by Step is a program designed to assist **parents of children birth to 36 months and parents-to-be** to 1) increase the knowledge of sound parenting skills based on the developmental stages of infants and toddlers and 2) increase the pleasure of loving and raising infants and toddlers. Program components: 10 weekly parenting classes with parents and child and 3 individual sessions with a parenting specialist. Parents may self-refer. **Pre-registration is required.** Referrals can be made by social service agencies, DCF, CPFC or the court system. **Referral Procedure:** Step by Step referral form must be completed and faxed/sent to the HND Administrative Site. **Cost:** \$50 per family per series. \$10 discount if paid by 1st session. **Cash or money order only.**

COUNSELING: Marriage-Family-Individual-Youth MEDICAID PROVIDER at all counseling centers

East Volusia -386-738-9169 ~ Fax 386-943-8823

Presbyterian Counseling Center—430 Braddock Ave., Daytona Beach

Easter Seals Office—1219 Dunn Ave., Daytona Beach

West Volusia-DeLand Counseling Center

386-738-9169 ~ Fax 386-943-8823

121 W. Pennsylvania Ave., DeLand

Deltona Counseling Center

386-860-1776 ~ Fax 386-860-6006

820C Deltona Blvd., Deltona

• Sliding scale available at all counseling centers •