



Administrative Offices
804 N. Woodland Blvd,

**WE NURTURE AND EMPOWER FAMILIES TO
HELP BUILD STRONGER COMMUNITIES**

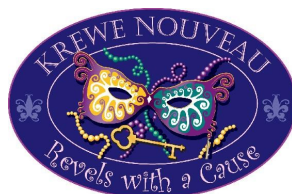
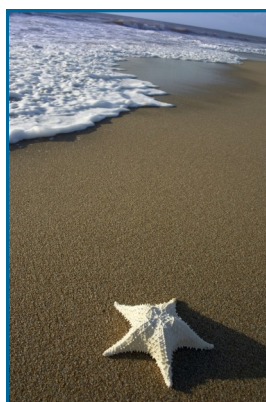
Or current resident

www.thehousenextdoor.org

Administrative Office 386.734.7571

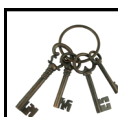
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Summer 2012



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up to receive our newsletter via email!



Parenting Tip
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The House Next Door

VOLUME II ISSUE IV

SUMMER 2012

The House Next Door provides staffing at The Community Cafes.

Last year Healthy Start proposed to the County of Volusia Children and Families Advisory Board the concept of opening three community cafes within the county. Community Cafés are places where families receive social , technological and concrete support in a safe setting and accomplish goals to strengthen their families and are encouraged to contribute back to the community. Healthy Start was awarded the bid and there are now three Community Cafes. They are located in Daytona Beach, Deltona and Edgewater. Community Cafés offer the following resources to families in a safe and welcoming environment.



- Peer Advocates who are trained to assist other families in social services navigation and goal-setting.
- Family Counselors who are qualified to provide intervention and support to assist families in accessing resources and becoming financially stable.
- Access partnerships through the Department of Children and Families so that families can apply for Medicaid, disability, food stamps and other assistance on-line.
- Computers for linking to:
 - *One Stop on-line application, reporting, and creating resumes
 - *Family support planning (goals and activities) in the Well Family Data System (WFS)
 - *On-line parenting activities, and other activities for which on-line accessibility may be required
- Social Connections and a meeting place for developing relationships with other families as a means of friendship and support.
- Information about child care and parenting resources as well as on-site parenting workshops utilizing the evidence-based Parents as Teachers parenting program.

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From our House to Yours

Steve Sally, Executive Director



June is graduation month at The House Next Door. First, our school- based services completed their year and approximately 90 students participated in the graduation exercises that took place at eight elementary and two middle schools in which we provided services to during the past school year throughout Volusia County. Our Homework Club also completed its year which saw 35 children participate on a regular basis . We experienced a “new” graduation as we held our first VPK graduation at the Little House Next Door. Backtracking to May, our volunteers consisting of agency staff, Board members from both Boards and our community volunteers set up the arena in preparation for the DeLand Breakfast Rotary’s Wild Game Feast on May 1st and manned the food service lines during the event on the 2nd. Again, a big thank you to the Rotary’s generous donation to our agency from the event’s proceeds.

In June, we held our annual Staff Appreciation Day at Gemini Springs Park in DeBary. The day started with a highly competitive game of kickball and a volleyball match that both ended prematurely due to rainfall. This was followed by a catered picnic lunch, at the conclusion of which, fun awards were given out to all staff members and then staff members were recognized for their years of service to the agency : For “One Year of Service” the following staff received recognition: Claudia Morales, Michael Shannon, Mary Karmine, Alicia Monroe, Abby Feldpaush, Maria White, Stan Major, Beckie Taylor, Rhonda Zottarelli, Octavia Brown, Heather Johns, and Carmen Munoz. Patti Oaks received recognition for completing five years of service at the agency, and Ms. Cherry received special recognition for completing ten years of service.

The Ann Rogers-Fox-Grell “Above and Beyond” Annual Award was presented to Shirley Lee, our Deltona Administrative Assistant, for her outstanding contributions to the agency during the past year.

We held our Annual dinner on June 14 with a small gathering of members of both Boards of Directors and the agency Senior Management Team meeting at the Little House. This was followed by “The Dinner Next Door” hosted by Foundation Board members Mike and Starr Cook at their restaurant, Cook’s Buffet, Café and Bakery, where 90 guests attended and over \$2000.00 was raised.

Prevention Specialist Hector Barreto with his graduation Alpha Class at Spirit Elementary. Michael Shannon assisting



Locations of the Community Cafes are as follows:

Daytona Café (386) 322-6102 ext. 52632

Linda Carson

Chiles Academy

868 George W. Engram Blvd.

Room 216 W

Daytona Beach, FL 32114

Deltona Café (386) 873-1753

Atlas Bautista

Justin Square

840 Deltona Blvd

Suite F-1

Deltona, FL 32725

Edgewater Café (386) 314-0390

Darrell Shell

101 East Yelkca Terrace

Suite F

Edgewater, FL 32132



The keys to successful parenting



Why tweens experience school-related stress, and how to help

By Jennifer Kelly Geddes

Eliza Fell, 10, of Montclair, NJ, woke up one weekday morning with a stomachache and begged her mom to keep her home from school. Though her mom, Maura, agreed, she wondered if Eliza was just trying to fake a sick day.

As it turns out, "School-related stress and 'sickness' can peak during the tween years," says Jill Grimes, M.D., an Austin, TX, family physician. Many kids experience chronic recurrent abdominal pain, particularly when middle school begins, as academic pressure ramps up and tweens feel they are losing control of their changing bodies.

Once you rule out signs of illness, such as fever or diarrhea, send your tween to school. If she protests, give her a few minutes to calm down, and tell her you'll make time to talk that evening. Then be sure to follow through, says Dr. Grimes. And try the following fixes for school-anxiety funk:

An antacid. These meds can settle stomach upset, and most kids -- especially girls -- need the extra calcium.

A higher-fiber diet. More fruits and veggies can help ease constipation, a source of stomach pain.

Teaching her to label her feelings. For example, say her stomach may be "tied up in knots" because of an upcoming math test. And let her know you feel her pain.

Exercise. A sweat session is a healthy way to deal with school woes. When your kid comes home, take her for a walk or tell her to try some kickboxing moves. Her mood should perk up.

The House Next Door is responsible for providing the staff for the Community Cafes as of May 20th. Prior to our involvement only one of the cafes was open. Deltona and Edgewater are now open as well. The Cafes are making progress in achieving their goals within the local communities. The Daytona Café has made some great connections this month with our fellow community partner and new members. We were able to assist people with utilities, housing, employment leads, and respite childcare. The Café has a particular success story this month when one of our members, Shanteria, was able to progress towards her goals. Due to multiple financial setbacks, Shanteria was adamant that she would have to quit pursuing her GED. The Café was able provide her with food, clothing as well as gas for her vehicle. Her Daytona Family Counselor was able to educate and counsel Shanteria on her daily, weekly and monthly goals. Each time she set a goal to continue her education; she experienced a set-back. Through the counselor's guidance and advice, she was able to revise her goals and achieve them. Through the café's support, she did not have to stop going to school. She realized that because of her passion and determination, she would finally be able to reach her dreams, desires, and life goals. Shanteria has expressed her gratitude to the Café and it's staff, for their assistance in helping her achieve her dream. This is just one example of how the Café and its partners are able to help the community when they are experiencing a time of crisis.

The Deltona Café there has seen an increase in Respite Child Care requests and many new visitors. Four visitors have requested to volunteer in the Café and multiple donations have been received at this location. Parents Patrick and Heather have procured multiple donations using online social networks and telephoning community members and businesses. Patrick and Heather's networking has

increased the visibility of the Café within the West Volusia community. These two parents have helped new member families receive needed baby formula and canned foods. Heather and Patrick have volunteered their time and vehicle to secure all the current donations to this Café. Thanks to their efforts,, this Café has a cradle, car seat, baby clothes, toys, and assorted foods to assist new and current Café members. Currently, Patrick and Heather are working on fundraising activities to enhance services the Café can offer.

The Edgewater Community Café opened in May and has already made some great connections with fellow community partners and new members. The Café was able to assist new members with employment leads, resume preparation, and respite daycare. The Café has a great success story this month with one of the newest members, Monica, whom we are assisting with her employment search, career education, and daycare. Monica and her Family Counselor has set goals to obtain a stable residence, explore new career opportunities, and to enroll in school to obtain her certificate in Medical Assisting. Another goal of Monica is the ability to provide a healthy and safe environment in which her children can thrive. Since becoming a member of the Community Café she has been aggressive with managing her goals, including reformatting her resume. She also discovered an Online Medical Assisting program in St. Augustine. Each visit to the Café has been successful for Monica as she moves towards independence and self-sufficiency.



Six Graduate from The Little House Next Door!



We are proud to announce that our VPK class of 2011-2012 has officially completed the year and graduated from The Little House Next Door. The graduation ceremony took place on May 15 and families who attended were treated to a special program planned by teacher Elaina Heredia and performed by the graduates. Highlights included songs, finger plays, stories and dancing, showcasing what the children have learned through the year. The ceremony concluded with the children receiving their diplomas and then they all enjoyed cake, punch and fellowship!

We will truly miss our graduates but wish them all the best as they move on to kindergarten.



We are planning a VPK Open House on August 16 and our new fall VPK program will begin on August 20th. We use the creative curriculum in all our preschool classes and the VPK class will use supplemental curriculum in language, math and social development to help ensure all the children are well prepared for kindergarten. This will be our third year of offering VPK at The Little House and we are close to full enrollment, so please contact us quickly if you or someone you know is interested in VPK.

We are so excited that all our classrooms are now open and quickly filling up. We now have the following classrooms in operation:

Classroom

Infant

Lil Angels (Ones)

Busy Bees(Young Twos)

Explorers (Older Twos)

Curious Koalas (Threes)

Shining Stars (Fours)

Teacher

Crystal Newkirk

Abby Feldpausch, Monica Taylor

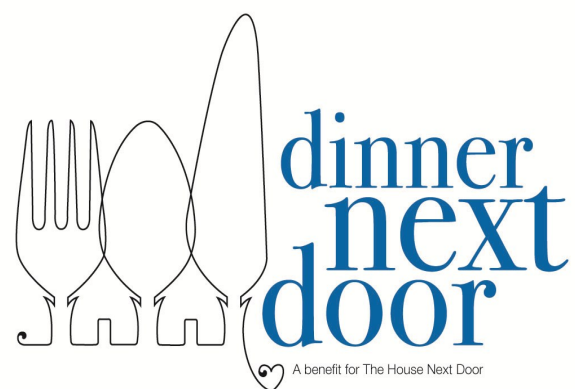
Heather Johns, Octavia Brown

Journetta Watkins

Mary Kamine

Elaina Heredia

Assistant staff: Rhonda Zotterelli, Lauren Hunt and Imelda Delgado



On June 14th the House Next Door Board of Directors held their Annual Meeting at The Little House Next Door. New officers were elected and the budget for the fiscal year 2012-2013 was passed. After the meeting, board members were given a tour of the facility with its brightly colored rooms that are occupied by the 50 children each day at the Child Development Center.

It is the custom of the agency to present the "Mary and George Hood" Award to the Intern of the Year at the annual meeting. Dr. George Hood presented this award to Kristen Juliano, who was an intern from University of Central Florida. Kristen's professor at UCF is Dr. Mark Young, who worked with Dr. Hood as a student at Stetson, to create the intern program between Stetson and The House Next Door. Kristen was such an impressive intern, that she has been hired as a therapist at the Deltona Counseling Center.

Immediately following the Annual Meeting the board members went to Cooks Café, Buffet and Bakery for the "Dinner Next Door" fundraising event. Star and Michael Cook, owners of the restaurant, and members of The House Next Door's Foundation Board, hosted an incredibly delicious buffet dinner featuring salmon, pork tenderloin, roast beef, lamb, chicken, and accompanying side dishes, salads, and dessert. We were fortunate to have DeLand's Firefighters as our guest servers. They were attired in their kilts and did a fabulous job. Some of the restaurant staff volunteer their time to work the event. Many thanks to all who made this event a huge success. We think this has a potential to become a reoccurring fundraiser



Counseling Director Chris Karegeannes, Intern of the Year Kristen Juliano, and Clinical Site Supervisor Jennifer Nadelkov



Krewe Nouveau's White Party!

Thanks to Sponsors: Eagle Strategies, LLC, Linda Lane, Realtor-Total Realty, Dressed Boutique, Solomon Greene, Realtor, Broker, Property Manager-Greene Realty, and Manny Sarnes, Home Team Equity LLC

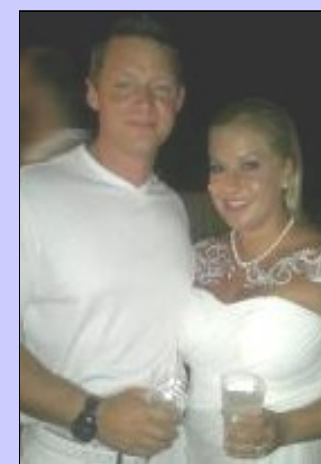
The Krewe Nouveau held its annual White Party on Saturday, July 7th at the home of Barney and Linda Lane. We were fortunate in that the rain came early on Saturday and the weather cleared up in time to enjoy the outdoor area of the Lane's lovely home. All guests were dressed in white, and the white decorations used around the pool area created a sophisticated ambiance. Food was provided by Krewe members. Body painting was provided by Bombshell Body Art. By the end of the evening many party goers were painted with white body paint, glitter and sequins. This is the first big party to kick off the year for Krewe Nouveau. The Krewe is an auxiliary women's Mardi Gras social club that raises funds for The House Next Door. Anyone is welcome to join. The next event is a happy hour at Jordan Health Clinic and Day Spa on August 16 from 5:30-7:30pm. There will be a "Big Easy" party in October, and then a tailgating party before the Christmas Parade on December 1st. The Krewe holds its Sponsor party in January or February, in advance of the culminating event "La Fete", which is a funky, "let your hair down" kind of party with dancing, food, and cocktails. For more information about Krewe Nouveau and how to join, visit www.krewenouveau.com.



Mark Grantham, Brook Lennon, Doni Lennon, Randy Waterlander



Blake Henshaw and Amy Matulis



Manny and Amanda Sarnes



Bombshell Body Art

