

Further Nurturing Families by Building Communities Online. Now offering telehealth services.

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The House Next Door From our House to Yours...

A few words from our CEO, Jennifer Nadelkov

Over the last few months we have been awakened to the current racial inequity in our society. We mourn, not only George Floyd, but all black lives that have been lost in altercations with law enforcement officials or community intolerance. Sadly, the present racial tension is not something new. It is the most recent manifestation of a relationship as old as the history of our nation, one scarred by the tragedy of human slavery. We are more than 50 years after the March on Washington, yet the work to heal the trauma of hundreds of years of racial injustice remains to be done.

The wounds of division in our country have come to a boiling point and we have seen eruptions of anger. We are watching protests around our nation with a resounding request to be heard. We all have a personal responsibility to listen. Until we take time to listen, we will not have an opportunity to understand and remove the obstacles that impede the rights and opportunities of Black Americans. As we work to gain understanding we can use our voices and influence to pursue and require equality, equity and racial justice.

To all of our HND family, community members, stakeholders and partners, you are heard. You are seen. You are valued. Our agency and our community is stronger because of our diversity. As an agency we are committed to ensuring our staff, clients and community are nurtured and empowered for their uniqueness, diversity and culture.

AUGUST 2020

Administrative Office 804 N. Woodland Blvd.

DeLand, FL 32720 386-734-7571

DeLand Counseling Center 114 S. Alabama Ave. DeLand, FL 32724 386-738-9169

Deltona Counseling Center 840 Deltona Blvd. Ste. K Deltona, FL 32725 386-860-1776

Daytona Counseling Center

1000 Big Tree Rd. S. Daytona Beach, FL 32114 386-301-4073 Fax 386-492-7638

Flagler Counseling

26 B Office Park Drive Palm Coast, FL 32137 386-301-4073

WVHA Office

840 Deltona Blvd. Ste. W Deltona, FL 32725 386-232-2055

Board of Directors

President: Pam Masters Vice President: Mark Hayward Treasurer: Kyle Glass Secretary: Claudia Roth Officer At Large: Meoghan Sistrunk James Baker Anita Bradford Hector de Jesus Paul Jones DJ Lebo Sue Monti Daniel Thorne Kathy Venice Jake Wilkerson

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President: Tom Robertson VP: Matthew D. Branz Treasurer: Mary Jeanne Ludwig Secretary: Ann Grell Cynthia Blomquist Cynthia DeLuca



www.thehnd.com

The House Next Door Family Foundation



Foundation Board President Tom Robertson

It was early 2002 when the beginning of The House Next Door Family Foundation (HNDFF) became a reality when long-time HND agency advocates Jon Davies, Joe Master (2008), and Ann Grell had a vision to endow the missing administrative cost elements found with issued grants and contracts. Today the HNDFF, a public support organization for only the House Next Door, was created to preserve for years to come the agency's efforts in nurturing families – building communities. The successful growth of the foundation's assets over the years is the combination of donor gifts and prudent investing. The foundation's strategy of building a substantial everlasting legacy is centered on using a

portion of the foundation's earnings and confidently never principal to meet the agency's economic needs to fulfill the mission.

Over the years the foundation's donors have given in several different ways other than outright cash gifts. Some of the most popular ways of planned/ deferred gifts are:

- Qualified IRA Charitable Distributions
- Named Gift through Wills
- IRA: Designated as the Beneficiary a Named Gift to Foundation
- Designated as the Beneficiary of Existing Life Insurance
- Appreciated Securities (e.g. Stocks)

Many people are surprised to learn that the gifts they make to the foundation, may also bring personal financial benefits. To encourage philanthropy, federal law provides donors a number of tax breaks for charitable gifts, depending on the type of asset donated and the giving method the donor chooses. Because of the complexities involved, the advice and guidance of trained, experienced tax, legal, and other financial professionals is highly recommended.

Employees of the Month

Congratulations to all of our Employees of the Month!

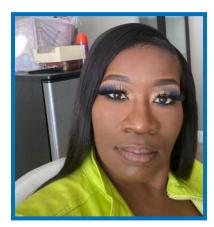


March 2020 Employee of the Month Tan McKenzie

Our March employee of the month has shown great strength in leadership. She has effectively lead her team through a time of great transition. This staff member has provided regular updates to ensure her staff felt comfortable and confident in their ability to provide Tele Health. She has been a stabilizing positive force during the time. Please join me in congratulating our March Employee of the month.

April 2020 Employee of the Month Danesha Britt

This staff member has demonstrated flexibility and creativity in meeting agency challenges as we transitioned into Tele Work. She has gone out of her way to ensure continuity not only in her department, but in the overall flow of the agency. Please join me in congratulating our April Employee of the month.





May 2020 Employee of the Month Mary Kamine

Our Employee of the Month has a job that she loves and she works very hard at it on a daily basis. As challenges arise, she steps up to learn and grow in her understanding of what needs done to get through those challenges. She has dedicated herself to giving to her clients in a manner that shows care, love and loyalty for a bright future.

June 2020 Employee of the Month Rebecca Taylor

Our employee of the month for July has demonstrated great strength with her clients and colleagues. She is a team player who always seeks to support others around her. She is devoted to the success of her clients and works diligently to see that they are successful with their goals. She also maintains on time documentation and seeks support from her supervisor and colleagues when needed. July employee of the month is Rebecca Taylor for the parenting program.



Talking to your children about race

We interviewed two Moms about talking to their children about racial equality and issues involving race to get their thoughts on this topic.

A Black Mom's Perspective

Q: How early should parents start the conversation with their children? In your opinion, is there a too early or too late?

A: I feel that parents should start as early as children noticing the difference in people. Kids as young as six months old can recognize race-based differences, according to an article by the American Academy of Pediatrics. And between the ages of two and four, children begin internalizing racial bias. Children are going to notice differences in people as early as six months old. It's up to the parents to not ignore or disregard the child's questions or observations, but to embrace them and acknowledge that people are different while also pointing out similarities of all humans. It is never too late to start a conversation about race because every day is a learning experience and the world is forever evolving and no matter how much time has passed, racism will always be alive in some form.

Q: Do you prefer to talk to your children in a group, or speak with each child individually?

A: I prefer to speak to them in a group, but afterwards talking to them individually just in case they have thoughts or feelings that they didn't feel comfortable discussing in front of their siblings. I feel that it depends on the age, mental capacity and maturity level of the child. For my daughter that is in elementary, we read some books, then have discussions about what we read, what she feels and thinks. For my high school and newly graduated sons, we watch the news and documentaries and have discussions on various topics related to racial injustice, we discuss our feelings, fears and hopes for the future. With my older sons, we discuss real life experiences that we have encountered, what could have been the outcome and how it made us feel.

Q: Any final words of advice/wisdom or experiences that you would like to share?

A: It is ok to not have answers for particular questions that your children may ask. It is ok to say, "I don't know". This is a learning experience for us all. I feel that being as authentic and transparent with your children are the main ingredients in talking about racial injustice. I think that as parents if we identify and acknowledge our own racial bias, it makes it easier to talk to our children about racial injustice. Sometimes parents feel that just because they were raised with certain beliefs/bias that they have to pass along those beliefs/bias to their children; that is incorrect. As parents you have control over what you teach your children and how they perceive the world. It's easier to love and learn from each other than to hate each other because the hate you teach little infants, eventually hurts us all. "...No happiness can be built on hate." Josephine Baker

A White Mom's Perspective

Q: Why is it important for ALL parents to have a conversation with their children about racial bias and race relations?

A: This is the lived experience of parents of color, but I think as white parents we need to be challenged to discuss race with our children. I keep seeing the lovely sentiment that kids are not born racist; racism is learned. I believe that is true, but it can also be a trap that says if I don't teach my child to be racist, she won't be. I think that is wrong. Just like every other difficult topic, if you aren't teaching your child about it, they are learning about it somewhere else. And in a society where racism is built into the very structures of our country, they are learning, at best, passivity and acceptance of racism. It is our job to actively teach our children to be anti-racist. We can and must have age appropriate conversations.

Q: How do you talk to young children?

A: It isn't always a direct conversation. First, I try to be conscious of how white privilege infiltrates society and how segregated we still are. It is easy for my kids' cartoons, toys, books, friends and classmates to look like them, but that isn't an accurate reflection of our world. So, I choose the school with racial, religious and economic diversity. I buy the doll with a different skin tone, and books that prominently feature people of color. I hope by changing what they see, I can change how they see the world. However, my preference is also to start directly discussing race very young. Those early conversations usually come from their books and are about people treating other people differently based on their skin color. Young kids are naturally very empathetic and are usually outraged at the injustice of being treated differently. I keep this simple. By 5 or 6, they are learning more about our racial history in America and I begin to be more specific about racial inequality, our national history and the current problems in our society. My daughters have had a lot of questions, and I answer them as honestly as I can or offer to look for information if I don't know.

Q: Any final words of advice/wisdom or experiences that you would like to share?

A: I think my biggest piece of advice is to educate yourself first. This doesn't have to be an overwhelming commitment - just seek out the information. By spending a little time making sure you have a competent grasp of history and the current status of race in America, you will be much more prepared for these conversations. And then I would say, don't get so caught up in doing this "right" that you don't do it at all. There's no perfect conversation, and it is not a one-shot deal. "I don't know, but let's see what we can find about that" and "you know, I gave you an answer earlier but thinking about it more I want to change it" are both things my kids have heard from me more than once.

Meet your neighbors, The House Next Door Family!

Meet Joyce Cox, Lead Administrative Assistant

I really enjoy working for The House Next Door. Every day is another opportunity to help someone in the community with either counseling or giving information for the health care card. I am always amazed by the staff and management I get to work with. They are the best of the best. The House Next Door truly lives up to its mission statement: To nurture and empower families to help build stronger communities.





Meet Linnette Reyes, WVHA Enrollment Specialist

I'm an enrollment specialist for the WVHA program. I love working for The House Next Door, because I'm able to help those in need, especially with their medical needs and with the staff I work with makes me feel like part of an actual family.

Meet Kyla LaPerriere, School Based Counselor at DeLand Middle

I'm a school-based counselor at Deland Middle and I love working for the HND because I love my clients. Being a safe person in their life is a treasure to me! At the HND I am able to teach kids (and sometimes their parents) that they are heard, they are loved, and they are worthy of greatness-- that to me is priceless.



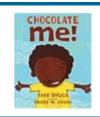


Meet Vanessa Ruiz, WVHA Health Card Specialist

WVHA Healthcard Specialist. I am a health card specialist for the WVHA. I like working at The House Next Door because they are family focused on strengthening families in our community through the many different services it provides.

Talking to your children about race: Resources

Below are some book recommendations from the two moms that we interviewed for you to read with your children.



"Chocolate Me" by Taye Diggs Addresses self-love despite having a different, darker skin color and hair texture.



"Something Happened in Our Town: A Child's Story About Racial Injustice" by Marianne Celano, Marietta Collins, & Ann Hazzard.

Follows two families, one white and one black as they discuss a police shooting of a black man in their community. This story helps answer some questions children might have about racial injustice.



"The Colors of Us" by Karen Katz

Explores the unique colors of different people through art.



"We're Different. We're the Same" by Bobbi Jane Kates

Teaches that despite looking different on the outside, we are all the same on the inside and have the same needs, desires and feelings.



"Skin Like Mine" by Latashia M. Perry Celebrates and addresses diversity.



"Mixed: A Colorful Story" by Aree Chung

Addresses segregation and then integration of colorful dots in an imaginary world.

a kids book about racism **"a kids book about** racism" by Jelani Memory Defines racism in basic

terms and is meant to initiate conversation.



"Parker Looks Up: An Extraordinary Moment" by Parker Curry and Jessica Curry

Shares a girl's reaction to the official portrait of Michelle Obama.



"Not Quite Snow White" by Ashley Franklin

A story of bullying based on race and appearance.



"Sulwe" by Lupita Nyong'o

A little girl's journey to appreciate her "midnight" skin.

It's Back to School Time

We know that it is difficult to decide on the right back to school plan for your family. Here is an overview of all of the schooling options offered by both Volusia and Flagler County School Districts as well as some resources with useful information.

Volusia County School District

Start Date: Monday, August 31, 2020 | Website https://www.vcsedu.org/reopening-roadmap

Option #1. Traditional Classroom Setting (as directed by FLDOE) with Health & Safety Guidelines Students will be in school five days a week, as directed by the Florida Department of Education, with health and safety guidelines in place.

- Learn at school
- Receive face-to-face lessons
- Follow standard bell schedule
- Health & safety guidelines in place

Option #2. Volusia Live (real-time live streaming) with Student's School of Enrollment (FLDOE approved) This option has been approved by the Florida Department of Education. Students will remain at home but follow the same daily class schedule as their classmates who are in traditional school. Students will participate in classroom instruction by logging in on a device, and engaging with their teacher and classmates virtually, by using platforms such as Zoom or Teams (real-time live streaming). These students are expected to log in and out on time for class every day. They are also expected to engage in classroom activities. Attendance will be taken.

- Learn at home
- Receive online face-to-face lesson in real time
- Curriculum and seat time mirror traditional classroom

Option #3. Enhanced Volusia Online Learning

This is an at-your-own pace, virtual option that has been available to VCS students for years. Volusia County teachers provide instruction in flexible formats. There is not a set schedule. Extra-curricular activities and clubs are available. Enrollment ends July 31, 2020. Please visit volusiaonlinelearning.com for more information.

- Highly qualified LOCAL Volusia County Schools teachers
- Offering full- and part-time options for students in grades K-12
- Year-round enrollments for part-time virtual courses
- VCS public school with academic advisement, college planning, advanced courses offered (Advanced Placement, Honors, Dual Enrollment)
- Complete lessons accessible online anywhere, anytime
- Standard school year calendar, with a commitment for a minimum of one full semester recommended
- Fully accredited, NCAA approved
- Approved school variances will continue to be honored
- K-12 full- and part-time virtual opportunities for all students
- Local faculty and staff for unprecedented availability
- Community support
- Year-round part-time enrollments
- Multiple platforms to meet students' needs
- Diverse course offerings

VCS to Allow Shortened Schedule for Qualified Seniors

Volusia County Schools strongly believes that all students can achieve and be successful. A seven-period day provides the opportunity for students to graduate college and career ready. Due to the COVID-19 situation, Volusia County Schools is working with high school seniors to allow a shortened schedule for the 2020-2021 school year, if they qualify. To be eligible to participate in the shortened school day for this school year, students must meet the criteria listed in the parent contract. Some of the requirements are as follows:

- Students MUST be classified as a senior in good standing.
- Students MUST have a cumulative unweighted GPA of a 2.50 or higher.
- Students must meet a variety of requirements to be College and Career Ready.
- Students must have a passing score on all graduation-related testing requirements or provide state-approved waiver.
- Students must have the minimum credits needed for graduation.
- Students MUST participate in at least four courses on campus.
- Courses selected MUST be in sequential order. For example, periods 1-4 or 4-7.

Please contact your school counselor to see if you qualify for this special exception.

Flagler County School District

Start Date: Monday, August 24, 2020 | Website <u>https://flaglerschools.com/return_to_school</u>

#1 Option: Traditional option	#2 Option: Virtual	NEW #3 Option: Remote
Face-to-face on-campus	Some live lessons, but	Remote traditional instruction
traditional instruction 5 days	students work according to	5 days a week using the
a week	their own schedules as long	district learning management
	as they maintain required	system
	pace	
Students on-campus	Students home	Students home
Semester commitment	Semester commitment	Semester commitment
State assessments on campus	State assessments on campus	State assessments on campus
School-based teacher	iFlagler local teacher	School-based teacher
Attendance taken daily	Attendance taken weekly	Attendance taken daily
Students follow daily schedule	Students work independently	Students follow daily schedule
Students actively engaged in	Students engaged in classes	Students actively engaged in
face-to-face classes	through independent work	classes using the district
	and interactions with	learning management system
	teachers.	

Resource Links:

- ⇒ http://healthinschools.org/schools-and-covid-19-resources-2
- ⇒ <u>https://www.challengesuccess.org/resources/covid-19-resources-for-remote-learning/</u>
- ⇒ <u>https://www.nasponline.org/resources-and-publications/resources-and-podcasts/school-climate-safety-and-</u> crisis/health-crisis-resources/helping-children-cope-with-changes-resulting-from-covid-19







The House Next Door Social Media!

The House Next Door now has five social media channels. You can connect with us on Facebook, Instagram, Twitter, LinkedIn, and YouTube!

Follow The House Next Door on all of our social media channels to keep up to date with everything that's going on at The House Next Door, and to get useful information about mental health and related issues. Please also like, subscribe, and share our content!



facebook.com/thehnd



instagram.com/hnd.housenextdoor



twitter.com/thehnd76



linkedin.com/company/40654176



<u>youtube.com/channel/</u> <u>UCItMaodNoBMgNmwaBYr6vWQ</u>

Our Board of Directors



2020-2021 President Pam Masters

All volunteer work begins the way I began my service on the board of HND--because someone M.A.D.E. me do it. Steve Sally, then the head of HND, MENTORED, ASKED, DIRECTED, AND ENCOURAGED me to get involved. Of course, as a family law collaborative lawyer and mediator, the mission of HND aligns beautifully with my professional and personal goal of helping every family that I work with while not causing further trauma. I often referred clients to HND before becoming a member of the board, so I knew of the good and important work that was being done by the organization. I am grateful to be able to help ensure, even in a small way, that the good work continues, even in the midst of this unprecedented time. Now, perhaps more than ever, the work done by the HND is essential. As President of the board, I will do all that I can to enable HND to continue to do its work, to realize its short term goals and to continue to make progress on its long term goals.



2020-2021 Vice President Mark Hayward



2020-2021 Treasurer Kyle Glass



2020-2021 Secretary Claudia Roth



2020-2021 Officer at Large Meoghan Sistrunk

We would also like to offer our sincere thanks to all of 2018-2020 Executive Board Members for your years of service to The House Next Door!



2018-2020 President Meoghan Sistrunk



2018-2020 Vice President Pam Masters



2018-2020 Treasurer DJ Lebo



2018-2020 Secretary Kathy Venice



2018-2020 Officer at Large Mark Hayward

A gift to The House Next Door is always appreciated!

MAIL Donation to:	
The House Next Door Administrative Offices 804 N. Woodland Blvd. DeLand, FL 32720 386-734-7571	
Name	
Address	
Phone	
Email	
You can also use our convenient and secure Online Giving at: www.thehnd.com	

Help us provide the services that have kept our community strong!

- Mental Health Therapy
- Sexual Abuse Treatment
- Parenting Programs
- Family Intervention and Prevention Programs
- School-Based Programs
- Quality After-School Mentoring and Tutoring
- Child Care Food Program
- The Little House Next Door Child Development Center

You Tube

in

The House Next Door Family Foundation

Established in 2002, governed by local leaders, committed to the preservation of family services at The House Next Door.

Be a part of ensuring a healthy future for our community.

We accept gifts of :

- Cash or Stocks
- Real or Tangible Property
- Charitable Gift Annuities
- Life Insurance, Trusts, Wills

Contact Tom Robertson, Foundation President, at tomrobertsonrai@gmail.com

