



# The House Next Door Annual Report 2015 – 2016

## “Nurturing and Empowering Families to help build Stronger Communities”

The mission of The House Next Door (HND) is to nurture and empower families to help build stronger communities. The House Next Door has worked with parents in Volusia and Flagler Counties since 1976 to help with the sometimes overwhelming job of raising socially responsible children. Services are based on the evidenced based practices and the family system model.

Mental Health services at The House Next Door help individuals and families cope with the stresses of daily living and manage psycho-social adjustments related to normal life cycle issues including birth, chronic illness, aging, marriage, divorce, parenting, co-parenting, intergenerational conflict, loss, behavioral problems, adult, child, and family relations. In line with our agency’s stated objective to strengthen families, we participate in efforts to decipher problems, teach skills and stabilize family ties. Mental Health services can be provided in response to such issues as crisis, trauma, individual or family dysfunction, sexual or physical abuse, job loss, substance abuse, divorce, adoption, foster placement, depression, chronic or terminal illness, grief and loss.

Program services at The House Next Door serve children in the school, community and in the home. All programs embrace strength-based approaches and recognize individual and family values, and emphasize the role of parents and the importance of good family management skills.

The House Next Door is licensed by the Florida Department of Children and Families as a substance abuse prevention provider and is accredited by the Council on Accreditation.

*2015 - 2016 Board of  
Directors:*

Sheena Fegumps, President  
Josh Mott, Vice President  
Jim Carlson, Treasurer  
Helen Pardee, Secretary  
Marlene Thomas, Officer at Large  
April Chilson, Board Member  
Dr. Patrick Coggins, Board Member  
Mark Hayward, Board Member  
Beth Hooks, Board Member  
William Kelly, Board Member  
DJ Lebo, Board Member  
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Kathy Venice, Board Member

*2015 - 2016 Family  
Foundation Board:*

Tom Robertson, President  
Cynthia Bloomquist, Vice President  
Mary Jeanne Ludwig, Treasurer  
Ann Grell, Secretary  
Matthew Branz, Trustee  
Mike Cook, Trustee  
Starr Cook, Trustee  
Cynthia DeLuca, Trustee  
E. John Tranter, Trustee

Thank you for your service!



# The House Next Door

## Annual Report 2015 - 2016

### Major Accomplishments

- Community Partnership for Children adds 3.5 full time positions to our Family Coach contract.
- Our special event, “Brake for Families”, is held in April and raises \$6800 for the agency.
- Our reaccreditation by the Council for Accreditation takes place in April, and for the second consecutive time, we receive a perfect score in all Service and Administrative categories from the Accreditation Team.
- Our Board of Directors and Senior Management Team, under the leadership of our consultant, John Tranter, meet and establish the agency Strategic Plan for the next two fiscal years.
- Our Annual Dinner is again held at Cook’s Café, Buffet and Bakery and raises approximately \$2,000 for the agency.
- Volusia County extends our Lead Agency contract for Family Services, Prevention and Intervention for five more years.
- Community Partnership for Children selects The House Next Door to establish a program to help children and families during times of crisis. We design and implement our Crisis Response Team whom all receive Trauma Focused training. Our Team is available to all Police and Sheriff Departments as well as Firefighters and Paramedics to provide Trauma services in all cases where children have experienced trauma during a crisis. Our responders must be at the site within a two hour time period but generally are on scene within an hour.
- Our Health Card contract funded by the West Volusia Hospital Authority is expanded to include two full time and two seasonal full time positions.

## **The House Next Door Programs**

The therapy and family education and support programs help strengthen the entire family unit through counseling and education.

### **Family and Parenting Programs**

**Mental Health Therapy:** For Individuals and Families.

**Sexual Abuse Treatment Program (SATP):** Providing trauma therapy and support groups to children, and their families, that are victims of sexual abuse. 100 children served between the ages of 3-18 reporting 75% reduction in trauma symptoms.

**Step by Step:** Parenting Classes from Birth to 3 years of age.

**Making Changes:** Parenting Classes from three to eleven years.

**Family Coach and Family Connections:** Services provided in the home to help strengthen families by using strategies that encourage self-sufficiency. The goal is to prevent children from being taken from the home or to work towards returning the child to the home.

**Conflict Resolution:** Services provided in the home to help referred individuals learn how to manage conflict without being destructive to family members or themselves.

### **Community Based Programs**

**The Homework Club:** An afterschool tutoring program for at risk

school aged children. Provided 40 children and their families free afterschool care.

**TEAM:** In partnership with local sports initiatives; provides motivational life skills training for at - risk kids with a focus on academics and sportsmanship.

**Health Card Specialists:** Assisting community members with the application process for the West Volusia Hospital Authority Health Card.

## **School Based Programs**

All of our school based programs make parental involvement mandatory. Parents meet with their child's counselor a minimum of twice a month. Each family is encouraged to participate and show support to their child.

**Alpha Program:** A program for fifth and sixth grade students, and their parents, to support school and personal success.

**Beta Program:** A program for middle school students, and their parents, to support school and personal success.

*Of the 100 students completing the program, 100% showed an increase in reading and math goals, 100% had no delinquency involvement, 100% demonstrated improved behavior and 95% had no verified finding of drug or alcohol involvement.*

**Success By Design:** A mentoring and skill building program for sixth through eighth grade students.

## **Child Care Food Program**

Home-Based Centers: 50

Centers: 15

Children Served: 915

Meals Served Daily: 2,745

- Helps homes and centers become licensed.
- Teaches them about healthy, nutritional meal planning.
- Teaches healthy habits for preparation and storing food.
- Monitors meal plans.
- Provides monetary reimbursements to licensed childcare providers to provide high quality meals to enrolled children.
- Funded by Federal government through the Free Lunch Program started in 1966.

# Who are our clients?

## Ages of clients:

*Under the age of 18 = 39%*

*18 – 30 years of age = 25%*

*31 – 54 years of age = 29%*

*Over the age of 54 = 3%*

## Primary Language :

*English = 84%*

*Spanish = .01%*

*Unknown = 14%*

## Gender:

*Female = 65%*

*Male = 35%*

## Income Level

*Below \$27,000 = 78%*

*\$27,000 - \$38,000 = 20%*

## Total Clients Served Fiscal Year 2015 - 2016:

**Total Families: 777**

**Total Individuals: 1774**

**Total Clients Served: 2551**



## 2015-2016 Agency Financials

### Agency Revenue:

Government Funding: \$3,646,957  
 Medicaid: \$253,725  
 Donations/Fundraising: \$74,108  
 Client Fees: \$15,141

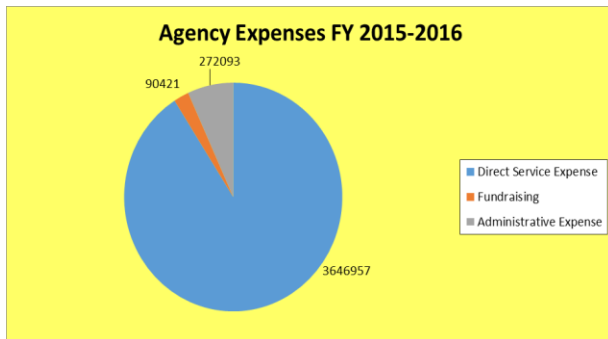
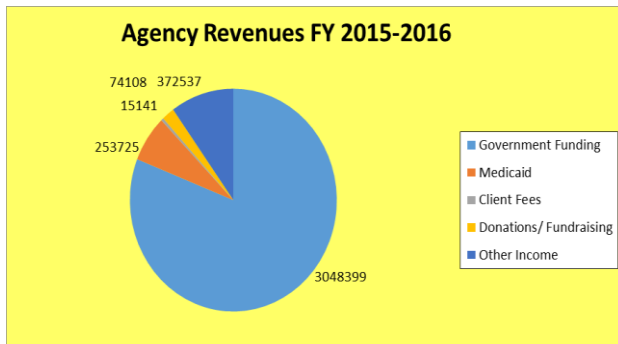
### Agency Expenses:

Direct Service: \$3,646,957  
 Fundraising: \$90,421  
 Administrative: \$272,093

### Funders and Partners



sexual abuse treatment program  
**Children's Medical Services**





**The Little House Next Door**  
 Accredited Child Development Center  
 Capacity to serve 67 children  
 from birth to 4 years old and is  
 a VPK provider.

Average number enrolled in  
 2015-2016 was 54.

Located at  
 133 East Church Street,  
 DeLand



**Thank you to our  
 community partners:**  
 Community Partnership for  
 Children

County of Volusia

DeLand Breakfast Rotary

Early Learning Coalition

First Presbyterian Church of  
 DeLand

Florida Hospital DeLand

Department of Children and  
 Families

Stetson University

Stewart Marchman ACT  
 Behavioral Health Services

United Way of Volusia-Flagler  
 Counties, Inc.

Volusia County Schools

West Volusia PAL



