

## Couples



## Groups



To schedule an appointment call one of the numbers on the back page or for more information go to [www.thehnd.com](http://www.thehnd.com)

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## Our Mental Health Locations

### DeLand Family Center

121 West Pennsylvania Avenue  
DeLand, Florida 32720  
(386) 738-9169

### Deltona Family Center

840 Deltona Blvd, Suite K , Florida 32725  
(386) 860-1776

### East Side Therapist Office

1000 Big Tree Rd.  
Daytona Beach, Florida  
(386) 738-9169

### Flagler County Office

4721 E. Moody Blvd. , Suite 204  
Bunnell, FL  
386-738-9169

Upon request, appropriate and reasonable accommodations will be made to assist qualified individuals with disabilities who have hearing, vision or mobility impairments. The HND also takes reasonable steps to provide services and information in appropriate languages other than English. Please allow five business days to accommodate a request.

Sponsored by The House Next Door and the State of Florida Department of Children and Families & in part by LSF Health Systems, LLC



*The House Next Door is an equal opportunity provider and employer.*



## The House Next Door Mental Health Services

*“Nurturing and Empowering families to help build stronger communities”*



# Mental Health Services



Services at The House Next Door support personal growth and development during the usual stages of life and relationship transitions. Therapy can help individuals and families cope with the stresses of daily living which arise during events such as the birth of a baby, aging, marriage, divorce, the challenges of being a parent, intergenerational conflict, grief and loss, behavioral problems, adult, child, and family relations. Therapy services can be provided in response to such issues as crisis, trauma, individual or family dysfunction, sexual or physical abuse, job loss, substance abuse, adoption, foster placement, depression and/or chronic illness.

**To learn more about our services:**

**[www.thehnd.com](http://www.thehnd.com)**

*Services in all locations are available to individuals and families who reside in Volusia County. Payment will be determined according to a sliding scale based on income and number of people that income supports or will be free for those covered by Medicaid.*

**A**t The House Next Door our staff is trained to be welcoming and helpful. The therapy process recognizes individual and family culture, values and goals, accommodates variations in lifestyles and emphasizes personal development and situational change.

**O**ur counselors are a mix of Licensed therapists, State Registered Interns and graduate level students, all of whom have considerable training in individual, couple and family therapy. Our staff is oriented towards providing counseling interventions to help persons with Mental Health and Co-Occurring Mental Health/Substance use disorders. In line with our agency's stated objective to nurture and strengthen families, we help people to identify and resolve problems, express feelings appropriately, maintain stability and sobriety and improve communications, coping and parenting skills. Wherever possible, this involves utilizing the client's natural support systems.

**T**he House Next Door has been providing family counseling and support services in Volusia County to residents with no private insurance and/or limited income since 1975, and now, since 2002, also accepts Medicaid. The House Next Door also provides services based on a sliding fee scale based on the ability of the client to pay for counseling.

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## Family Mental Health



## Individual Mental Health



## Adolescent Mental Health

