



THE FIRST HOUSE NEXT DOOR • 1976

Mission

The Basic Mission of The House Next Door is to Love Our Neighbor. At our heart, we believe that it is the personal relationships we have with ourselves, our family members, our friends and neighbors that make us whole. As we strengthen the individual, we strengthen the family. As we strengthen the family, we strengthen our community.



▲ Curtis and Zelpha Mitchell

The House Next Door

Currently, the government in Washington D.C. is promoting legislation to fund faith-based public services. Interesting that, in the midst of all the debate, here we are celebrating the 25th anniversary of The House Next Door, a multi-faceted family resource center that was founded on, and implemented through, collaborative efforts of the secular and non-secular community. The House Next Door is evidence that it is appropriate, that it is necessary, and that it does work.

Let's back up twenty-five years. Enter Dr. Hugh Ash, minister of the First Presbyterian Church of DeLand. Cue the First Presbyterian Church – collectively, a minister and congregation devoted to mission work. A strong belief in the need for personal growth, allowing spiritual growth to take its natural course...an exuberant spirit, living his life to the fullest, Dr. Ash is best remembered for being a visionary, extending the outreach of the church into the community. The efforts of Dr. Ash and his congregation exemplify how the secular cooperating with the non-secular implemented this philosophy...the living proof is The House Next Door.

The House Next Door was, thus, conceived by The First Presbyterian Church. A prevention based counseling center, driven by the needs of the community, responded to by the mission of the church, implemented by the church and a group of caring individuals with the drive and commitment to make it happen. The House Next Door.

Ingredients: First Presbyterian Church, Dr. Hugh Ash, church congregation, a vacant church-owned building, a need for additional parking space for the church, Ann Rogers, and a community need for a teenager substance abuse prevention program. A request was made to the church for the use of a meeting location once a week. The church congregation agreed, temporarily, for the use of a room in the "house next door" to the church, once a week, until final disposition of the building was determined. It was during this time, the determination of the future of "the house", that Reverend Richard Hills championed the concept of a counseling center, as opposed to the alternative plan to demolish the building to make room for parking. It was Richard's commitment, perseverance, and guidance, combined with his infectious good humor, that maintained the momentum to see the project to fruition.

After great debate and discussion, aware now of a growing need in the community, the First Presbyterian Church offered up "the house next door" for use as a community counseling center. With a gift of \$26,000 for improvements from the Church, and volunteer labor from the congregation and community, "the house" was born.

A planning group was established to determine the fate of "the house next door" with regard to purpose and goals. The initial plan, that has carried through for twenty-five years, was to establish a place for "family counseling, group education, re-socialization opportunities, and training of "para-professionals." Sound familiar? This original concept has been preserved, maintained and strengthened over twenty-five years, and still remains the keystone to the House Next Door.

It is interesting to add that, during the initial committee meetings to set the agenda for the counseling facility, finding an appropriate name was a brief yet significant conundrum. What does one name a family counseling/prevention center sort of establishment that will encourage participation without sounding tacky, scary, condescending, trite, political, religious, or frumpy? As one can imagine, a variety of options were entertained. But, also as one can imagine, discussions regarding "the house next door" to the church had become so ingrained during months of meetings, correspondences and conversations that "The House Next Door" it became.

Keeping the momentum established by this grass-roots committee required time, energy, and financial resource investments. Funding from the Volusia County Mental Health Board and District Mental Health Board to a church instituted non-profit organization was ahead of its time; however, a \$25,000.00 grant permitted the Board of Directors to bring on staff to implement the previously identified goals and purpose. Staff started with Ann Rogers, who then corralled the talents of local business people and volunteers from the community to operate and implement the facility. From that point, as they say, the rest is history. Staff and the ever supportive Board of Directors pulled in the support of other local churches to participate in the process.

The challenges over the next two decades involved making the tough decisions to stick to the original plans, and maintaining the insight to back the prevention based programs, seeing them to fruition during a time when community assistance was based on treatment.

The House Next Door gives credence to the concept that church and state can work together. This community, this government, and this church did. The House Next Door: pioneer of the past, setting the standards for the future. Prevention versus treatment. The family versus the individual. Clearly, there was immeasurable time, effort, energy and action behind the beginnings of the House Next Door, and in recognizing the successes and milestones of the House Next Door, we recognize all of those who participated in the journey. This Fox thinks that is good. – Chryl (Fox) Ellinor

▼ Rev. & Mrs. Richard Hills



Martha Brannam Hewett and Bunnie MacMahon ▼



▲ Ann Rogers Fox Grell and Dr. & Mrs. Hugh Ash

Weekly Group Meetings Offer Support To Those Alone

By ANN LARBERG
DELAND—“Living Alone and Liking It” may be the title of a recent book, but it also seems to be the theme of the “Losing a Loved One” group that meets each Thursday afternoon at The House Next Door in Deland.
“There are many ways that we can reach out and help each other,” says June Bennett, facilitator for the support group. “Many times a person will lose a parent or parents and not be able to just... Other times it may be the loss of a spouse that causes grief. Whatever the reason, everyone that has ever come to the group has been helped.”



HOW TO COPE—June Bennett leads a group discussion on the problems and emotions involved in living alone.



Jenrie Snyder

New Seminar Teaches How To Deal With Loneliness



June Bennet

CELEBRATING THE ACHIEVEMENTS OF YESTERDAY...

1975

The Concept

- The “House” is born. An empowered collection of individuals from First Presbyterian Church (FPC) and the Deland community organize to initiate a support and counseling group for teenagers dealing with alcohol and drug use issues;
- The ‘house next door’ to the FPC gets renovated with a \$26,000 gift from the Church, unwavering support from Reverend Hugh Ash, and the “house” at 714 North Woodland Boulevard is “the place” for counseling and support to teens at risk;
- Planning committee and task force expand vision for assistance via a community based counseling center to serve the growing needs of West Volusia County.

1976

The Challenge – Accent on Prevention

- The “House Next Door” incorporated, officially opens for business as a non-profit human resources center;
- With a \$4,000 grant from the Volusia County Mental Health Board, the “House Next Door” gets started, providing classes, groups and counseling aimed at ‘prevention’, via intervention, education and support;
- Initial operating plan includes classes provided on as-needed basis to deal with crisis/short term intervention, including Divorce Adjustment, Death and Dying, Job Loss, and Retirement.

1977

Making It Happen

- “House Next Door” is defined as a **resource for families... people helping people**;
- Parenting Classes are initiated, recognizing that education now can eliminate the need for intervention later;
- Losing a Loved One, Self-Esteem Group, and Hospice Volunteer Training are added to the growing list of House Next Door facilitated groups;
- Mainstay facilitator, June Bennett, initiates and leads many group sessions.

1978:

Education makes good citizens, and good citizens act properly. Thus it seems education should develop good behavioral characteristics from an early age. - Plato

- **Alpha** – With a goal of prevention/behavior assimilation into education for high risk children, The House Next Door initiates a pilot study at Bonner Elementary School in Daytona Beach - the earliest programmatic experience in collaborating for a common goal.

1980

- **Drug Survey** – In partnership with School Board and cooperation of school staff, The House Next Door administers random, confidential survey in English classes throughout Volusia County to teenagers in grades 7-12 related to drug and alcohol use, specifically addressing the issues of ‘what kept you from using alcohol and drugs’.
- Resounding response to drug survey is “parental influence” and a “strong family”, which sets the tone and direction for all future efforts of The House Next Door. This single event pioneers future programs, which over time set the standard for family being the keystone to healthy individuals.

2001 Update - The State of Florida is utilizing a survey to evaluate teen alcohol and drug use, which is used specifically to gauge the need for new and/or expanded education and intervention programs, and National research now supports the findings of our first survey.

1983 – 1985

- House Next Door expands and strengthens school based Parenting services county-wide. Results of 1980 drug survey confirms need in community to strengthen parental roles. Parenting classes conducted by The House Next Door are networked to school sites throughout the county, bringing parenting into the neighborhoods in order to increase awareness and accessibility for families desiring parenting support.
- **Family Counseling Is Expanded** – Successes with initial parenting classes result in requests for expanded family counseling services – engaging all family members in the process.

1987

- House Next Door program “**Prime Time**” secures its first federal grant (Office of Substance Abuse Prevention). The use of therapy and family activities to strengthen the family structure, strengthen family relationships, and strengthen problem-solving skills. In-home visits and multi-family groups are implemented to achieve a holistic approach to family support.
- House Next Door expands facilities in a relocation from 741 North Woodland Boulevard to current home at 121 West Pennsylvania Avenue. President Ken Bradley secures “Little House” addition to the Pennsylvania Avenue site.



Bell Thanked By Many For Helping ALPHA

Gathering at The House Next Door to thank State Representative, Hon. Bill Bell, for his help in getting a second ALPHA program in Volusia County. Standing: ALPHA parent Joyce Carls; ALPHA Director Susan Ladd; and ALPHA students: Brett Gray, and...



Rotarians help renovate “Little house”
The Rotarians and their families joined together to help renovate the “Little House” behind the House Next Door. They are, from left: Chuck Miller, J.C. Bradley, D.J. Stewart, Mark Roney, President Patrick Tammis, Ron Roney, and...



▲ Opening of Deltona House



▲ House Next Door Deltona Family Center



▲ "George & Mary Hood Award"
L to R George Hood, Wayne Novak,
Jane Edmunds Novak, Mary Hood

Like any new habit, The House Next Door recognizes that changes in family dynamics and behavior patterns requires reinforcement over time – thus, an expansion of existing programs, beginning with Alpha, are implemented to help sustain and reinforce positive living skills.

1990

- Providing assistance for troubled and neglectful parents, The House Next Door emerges into more intensive parent education and parent counseling, with implementation of 10 week program that includes lab experience for parent and child.

1991

- Recognizing the growing numbers of relocated families without support and the increasing incidents of child abuse motivates the collaboration between The House Next Door and I-Care. The House Next Door recognizes that the whole family requires intervention, resulting in a co-location of The House Next Door and I-Care, forming Deltona House, to address children and families in abusive situations.

1993

- Crisis - The demand for family counseling creates a crisis for The House Next Door, with waiting lists for those seeking assistance and limited resources to provide counseling to the community.
- Solution – **Resident Intern Program.** The Gualala Foundation, in concert with Stetson University, helps The House Next Door meet the community need through the initiation of a Resident Internship, which trains new counselors while increasing availability of family and marriage counselors.

1994

- A committed collaborative effort to combine multi-agency resources to assist underserved Hispanic community, results in a two-year award from Robert Wood Johnson Foundation, illustrating The House Next Door's growing sensitivity to the needs of different cultures.

1995

- Single mothers group identifies the key components to a healthy family environment under the single parent household: child care, job training and support counseling. The Child Care Resource Network, The House Next Door, Daytona Beach Community College, Green Thumb, a Stetson University faculty funded grant, and Volusia County Community Services collaborate to establish a Family Resource Center, located at a DeLand Housing Authority site.
- Family involvement at the resource center results in the inception of a family mentoring program, aptly named **Families Empowering Families.**

LOOKING FORWARD TO THE CHALLENGES OF TOMORROW

1996-2000

- **Shared Parental Responsibility** - With requests from a local attorney, prompted by a local family judge, The House Next Door enters a partnership with an attorney and therapy staff to create and implement a program for divorcing parents, specifically to benefit the emotional health of the affected children. This led to Florida law that requires all parents to take this course.
- **House Next Door gets a new House Next Door** - Pressures for additional space generate the acquisition of a new building, generously donated by Bob Cook, which creates a new and expanded face for the HND at 804 North Woodland Boulevard, allowing 121 Pennsylvania Avenue House to dedicate itself exclusively to family counseling services, with the Woodland Boulevard House providing administrative and program support.
- Two Federal and two State grants (Family Strengthening Initiative, Step by Step, Functional Family Therapy, and Expanded Function Family Therapy) are awarded to The House Next Door due to history of local multi-agency collaboration organized by planning group, **One Voice For Volusia.**
- **Resident Intern Program Recognition** - The success and importance of the Resident Intern Program is recognized by the establishment and presentation of the first annual George & Mary Hood Award. The dual purpose award was established to encourage the importance of training new marriage and family counselors while recognizing individuals who demonstrate understanding and excellence in this field.
- The House Next Door creates the Family Foundation that will ensure the future. Ann Rogers Fox Grell is named it's first president.

2001

House Next Door celebrates 25 years in the community !!!!

Individual programs built, brick by brick over the past 25 years, have led to a holistic approach to the healthy family. Finite resources and ever growing needs of a growing community confirm the keystone philosophy that cooperation, and collaboration of resources, is key to the success of any program. By joining our resources with other agencies (public/private, secular/non-secular) we acknowledge an increased effectiveness and efficiency in meeting a broader range of family issues and needs.

The House Next Door invites you to please consider a generous gift in your will to the House Next Door Family Foundation to preserve our mission to help those in need.



'Clean as the rain and I feel good...'



Former WBC world heavyweight champion Pinkie Thomas, who lives in Orlando, shows his champion's belt to a crowd of DeLand youngsters Saturday at the Chisholm Community Center. Thomas spoke during the Ethnic Festival sponsored by the House Next Door.





**"AS WE STRENGTHEN THE INDIVIDUAL, WE STRENGTHEN THE FAMILY.
AS WE STRENGTHEN THE FAMILY, WE STRENGTHEN THE COMMUNITY"**

-Ann Rogers

The diverse programs initiated and expanded at the House Next Door are based solely upon the identification of a need in the community.....a need for support, guidance, direction, hope, affirmation, and education. Each of the programs has been designed with sincere desire to meet the needs of the participants.....each of the programs has been staffed with professionals with the sincere desire to help.....each of the programs has been funded by private and/or governmental sources with the sincere belief that they do.

The following programs and workshops, old and new, past and present, are those initiated and offered by the HND in direct response to community needs:

ADULTS

ParentCraft
Prepared Childbirth
Thinking Topsy in a Turvy World
Rational Emotive Therapy
Divorce Adjustment
Tuning In
Women Alone
Leadership and Communications
Understanding & Managing Stress
Mom's Time
Fun in Marriage
Working Women's Night
Survivor's Group
Women's Self Esteem

CHILDREN

Alpha
Kids Biz
Parent Play
Play Therapy
Making Changes
Step by Step
Preparing for
Middle School

TEENS

Youth Effectiveness Training
Quest
Beta
Babysitter's Training
Teen Sexuality: Decision Making
Peer Circle
TEAM
Storefront
FAME
Project Safe
True Love Waits
Wise Guys

FAMILIES

Parent Effectiveness Training
Chemical People
Summer Survival for Parents
Coping With Your Rebellious Teen
Family Therapy
Marriage Therapy
Family Connection
Healing Hands
Families Empowering Families
Shared Parental Responsibility
Parents Who Care
Functional Family Therapy

Every member of the family is important, accounted for, and included...children, teens, adults as individuals, adults as parents, and families as families. The core component of all programs is family education and counseling to strengthen the family unit.



**AS WE LEARN, SO CAN WE TEACH...AS WE TEACH, SO CAN WE LEARN
AS WE HELP, SO MAY WE BE HELPED...AS WE GIVE, SO MAY WE RECEIVE**


Adults - And so it began - the 70's - the answers lay in the education of adults - the most effective way of improving the lives of people. During that era, the accepted practices were focused on treatment, which never seemed to address the source or root of an individual's problems. The House Next Door pioneered programs designed to help individuals help themselves....programs which empowered individuals in recognizing their own self worth, in managing stress appropriately, by providing support during life crisis events and showing people that they are not alone in facing these issues. The evolution of prevention based programs affected every aspect of family programs for The House Next Door, as well as set the standard for a more holistic approach in assistance programs.

Children - This early focus on adults did not necessarily translate into solving the inappropriate behavior of children, which was beginning to surface in more and more classrooms in the community. Adults studying the situations, especially Marge LeBarge in Orlando, recognized the value of having parents, teachers, and counselors create a circle of care and accountability around the student. And so Alpha was created.

The House Next Door continued in their efforts to reach children, especially those hurt by serious incidents in their lives, and opened the doors of play therapy where children could communicate through play about their feelings, concerns, and pain. Programs that include both parents and children were added to the curriculum of The House Next Door.

Teens - Parents were especially sensitive when children entered school, and then became stressed when their children entered the teen years of development. Unfortunately, children do not come with an instruction booklet, and many parents reaching for help were told that their children had to fit certain criteria for assistance. The House Next Door began attending to teenagers with individual programs, and soon moved to parent and teen opportunities. Efforts now include both approaches.

Families - As work continued assisting families, and learning from them, it became more evident that all members of the household living together needed to be involved in changing and strengthening family relationships. Considering the home, the school, the work environment, the therapeutic needs all became interwoven in the newer program efforts. These efforts are now being scientifically validated and programs today are more effective in providing the nurturing and safe environment that all children need to thrive and to develop the skills for healthy living.



The House Next Door is Offering A
**MARITAL SEPARATION
AND DIVORCE
ADJUSTMENT SEMINAR**
Beginning October 5 For 8 Weeks
October 5 thru November 30
From 7 To 10 P.M.
Hospital For Those Persons Who Are Separated Or Recently Divorced
THE HOUSE NEXT DOOR
714 N. Woodland Boulevard - DeLand, Florida 32721



House Next Door Calendar Of Events For April 1978

714 North Woodland Blvd., DeLand

THURSDAY, MARCH 29 Divorce Adjustment, 7-10 PM
(10 Weeks)
SUNDAY, APRIL 2 Psychodrama, 7-9 PM
MONDAY, APRIL 3 Diet Workshop, 7:30-9 PM -
Human Potential, 7-10 PM (10 Weeks)
TUESDAY, APRIL 4 DeLand Food Coop, 7 PM
WEDNESDAY, APRIL 5 Substance Abuse 7-10 PM
(10 Weeks)
THURSDAY, APRIL 6 Women Aware Discussion Group,
7:30-9:30 PM
MONDAY, APRIL 16 Diet Workshop, 7:30-9 PM
WEDNESDAY, APRIL 12 Coffee Hour, 2-4 PM
THURSDAY, APRIL 13 Colyns, 7-9 PM - Introduction
To TR 7-9:30 PM
SUNDAY, APRIL 16 Psychodrama, 7-9 PM
MONDAY, APRIL 17 Diet Workshop 7:30-9 PM
FRIDAY, APRIL 21 Friendship Night, 7:30-9:30 PM
MONDAY, APRIL 24 Diet Workshop, 7:30-9 PM



Wild Game Feast captures \$10,000
From left, Ann Rogers Fox of the House Next Door looks at DeLand Breakfast Rotary Club President Steve
hends Teresa Dougherty a \$10,000 check for the
counseling center. Margaret Paulson watches as
from the club's annual Wild Game Feast are shown.



Award-winning artists
Young artists at St. Peter's School display winning artwork in a children's art show that accompanied the recent Art Show and Auction, a benefit co-show that accompanied the recent Art Show and Auction, a benefit co-show sponsored by St. Peter's and The House Next Door. From left are Sheila Everett, second place; Karl Ritter and Jacob Skubel, honorable mention; Beau Pilot, third; Greg Heidel, honorable mention; and Jessica Teams, first. DeLand Museum of Art Director Harry Messersmith judged the children's show.

IT SHOULD BE A MOST SATISFYING FEELING
TO REACH A GOAL FOR WHICH WE HAVE PLANNED
AND WORKED FOR SO MANY YEARS...

Support from the community can be measured in a number of ways. Fundraising is a necessary and never ending process in the life of a non-profit organization. Fundraising events, and the successes associated with them, are yet another measure of the community support that blesses the mission of The House Next Door.

- | | |
|--------------------------------------|---|
| 1978 | Junior Women's Club Sweetheart Ball |
| 1981, 82, 83, 86 | May Fete Celebrations |
| 1982, 83, 84 | Community Wide Fund Drives |
| 1984, 85, 86, 87, 88, 98, 90, 91 | Extravaganzas' |
| 1986, 87, 88, 91, 96 | Pondo's Benefit Dinners |
| 1989 | West Volusia Association of Realtors, Host Dr. Joyce Brothers |
| 1990, 91, 92, 93, 94, 95, 96, 97, 98 | Special Neighbor Campaigns with Local Store Owners |
| 1991, 92, 93 | Specialties of The House |
| 1991 | Delfona Bar-B-Que and Auction |
| 1991 | Multi-Agency Rummage Sale |
| 1994, 95, 96, 97, 98, 99, 00 | Delfona Galas |
| 1994 | Art Auction with St. Peter's School Board |
| 1996, 97, 98, 99, 00 | DeLand Breakfast Rotary Albert D. Downs Wild Game Feast |



WE HOPE THAT EACH OF YOU HAS A GREAT SENSE
OF PERSONAL PRIDE IN THIS COMMUNITY ACCOMPLISHMENT

The successful collaborative efforts of The House Next Door have also included partnerships with Trusts who have participated generously in our mission. Over the years, these Trusts have funded programs that might otherwise not have happened, as well as the growth and expansion of many programs that might not otherwise have happened. The House Next Door, on behalf of the founders, the many Boards of Directors, the employees, and the hundreds of program participants, offers its heartfelt thanks for your participation in the spirit of giving to the community.

- | | |
|------------------|---------------------------------|
| 1987, 88, 89 | Bert Fish Foundation |
| 1988 | Chatlos Foundation |
| 1990 | Nancy Reagan Foundation |
| 1992 | March of Dimes Foundation |
| 1993, 94, 99 | Gualala Foundation |
| 1994 | Robert Wood Johnson Foundation |
| 1996, 99 | Orlando Sentinel Foundation |
| 1997, 98, 99 | United Way Community Foundation |
| 1997, 98, 99, 00 | Pauline and Ed Lacy Foundation |

To our private donors and sponsors, please know your gifts have been tantamount to the implementation of so many of our goals and milestones. The House Next Door has been the grateful and appreciative recipient of donations from private individuals, corporations, small businesses, and private estates.

No gift was ever too small. No gift has gone unnoticed or unappreciated. Each gift has been graciously accepted and utilized to continue our mission in the community.

The generosity of our sponsors is appreciated every day, in many ways, by every life we touch.



We extend our sincere gratitude and appreciation to all the members of the "History Book" committee for their hard work and diligence in researching our history.

We would like to make special mention of the author Chryl Fox/Ellinor. The inspiration and love of Chryl's father Arla Fox and Ann Rogers Fox, their and Chryl's devotion to The House Next Door and Chryl's extraordinary talent are reflected in this book.

Thank You Chryl.



▲ Committee Members – L to R: Jennie Snyder, Ann Rogers Fox Grell, June Bennett, Eleanor Griffin, Mary Lou Poff, Flora Blount



▲ L to R: Bunnie MacMahan, Ann Rogers Fox Grell, Mary Hood, Teresa Apgar, Joyce Smith Johnson (not pictured: Fran DeCorleto and Su Freeman)

Book printing cost donated by Pauline & Ed Lacey Foundation.

AS WE HAVE PIONEERED AND CHARTED NEW DIRECTIONS IN THE PAST,
SO DO WE NOW HAVE THE OPPORTUNITY AND RESPONSIBILITY TO
ADDRESS NEW CHALLENGES IN THE FUTURE.

"From a Silver Past to a Golden Future" –
what a great story of The House Next Door and our marvelous community.

It is such a joy to represent the hundreds of people who have served The House Next Door throughout its 25-year life. They work with children and families, often long hours and with tears in their own eyes as they watch the healing process begin. It is their joy to watch a family find itself and grow. Our silver anniversary is dedicated in part to them...the caring souls who have participated in our growth process, so that in turn the needs of the individuals, the families, the community, are met.

Today we serve people from the continuum of life. Our services begin with expecting parents, then move into a program for newborns through toddlers. Then we offer Alpha/Beta for elementary and middle school children and their parents. Our teen programs give families the tools they need to strengthen and manage today's complex world. A diverse series of programs address the issues and stresses associated with adulthood and aging. In our counseling centers we see people of all ages.

The House Next Door's golden future will depend on many things. We will need the continued support of our friends and donors. We will have to adapt to the world of our children and their parents – meeting them where they need us. In the future we will grow to serve all of Volusia and Flagler counties. We are the only agency in this area doing universal prevention work.

One thing will never change, however. The House Next Door will always pour its faith, its hope, and its love into our community.

Senta Goudy, Executive Director

Mark Grantham, President
Board of Directors

Ann Rogers Fox Grell, President
House Next Door Foundation