

2020 ANNUAL REPORT



Family is the foundation

Advocating for change

Making a difference with our services

Instilling hope

Listening with compassion

Inspiring growth

Empowering communities

Strength in diversity

F
A
M
L
I
E
S



About The House Next Door

For over 40 years, The House Next Door's programs have made a positive difference in the lives of families who otherwise would be unable to receive the assistance they need. We provide a variety of family centered programs including individual, marriage and family counseling, in-home family support programs, parenting programs, after school support and mentoring, and school based programs for children that are struggling in the regular classroom setting.

Additionally, we have a Child Development Center, the Child Care Food Program, and the West Volusia Hospital Authority health card. As you can see we are all about family. The core component of all the programs at HND is to strengthen the family unit. This in turn strengthens our community.

A message from our CEO

Dear Friends and Supporters,

This past year has been a transformational year for our programs, clients, staff and community. We have welcomed two new Board Members, Hector DeJesus and Daniel Thorne, to our Board. With our community we faced the adversity of a worldwide pandemic. The strength and commitment of our staff, partners and board were evident as we continued to provide quality services via Tele Health.

Our Board of Directors, Family Foundation Board and staff worked to create an acronym and visual that represented our core beliefs. The acronym that best represents The House Next Door is F.A.M.I.L.I.E.S.

As we look toward next year we are excited to take our Inclusivity Movement agency wide. Our goal is to create opportunities for a more diverse and inclusive workforce where cultural sensitivity and considerations are evident throughout our mission and value statements, as well as our policies and procedures. For over forty years, our continued success is due to the hard work, support and dedication of our staff, boards, partners and community supporters. Thank you for partnering with HND to continue nurturing and empowering our community.

Jennifer Nadelkov

Chief Executive Officer

"I think the parenting class was very well taught and helpful. The staff was very sensitive to different cultures and beliefs and non-judgmental while still teaching useful skills we may not have thought about."

"Keep the two ladies that teach this class forever. I learned more about how to deal with the concerns of my children in these few weeks than I have in my whole life."

\$4,494,720
budget

7,683
client
service hours

97%
of clients
engaged in
services

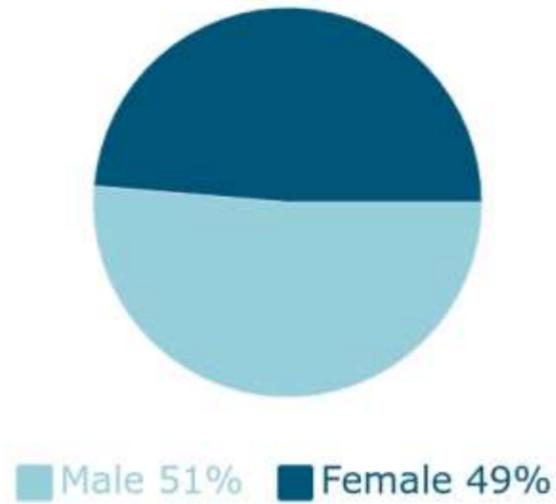
92%
of engaged
clients were
successful

1,103
clients **served**

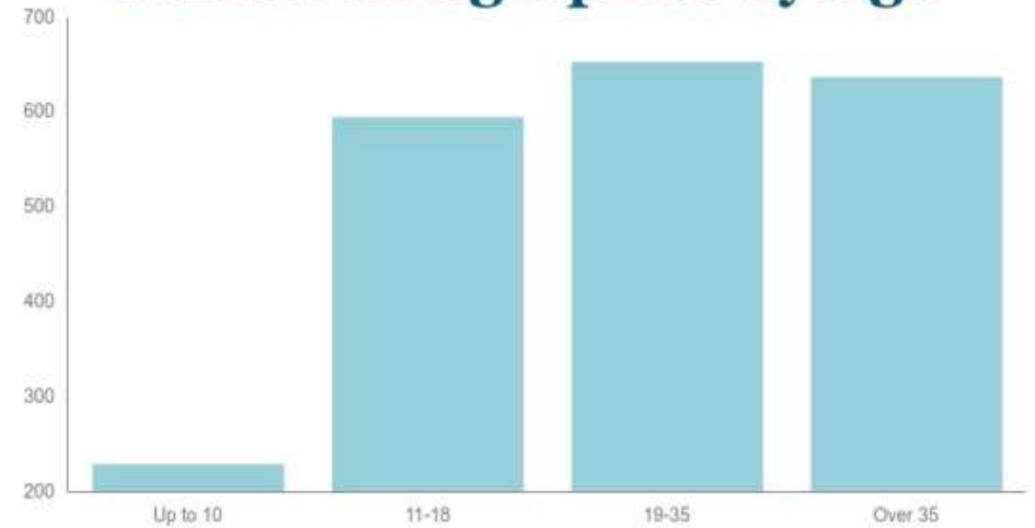
659,975
CCFP
Meals
served

17
contracts

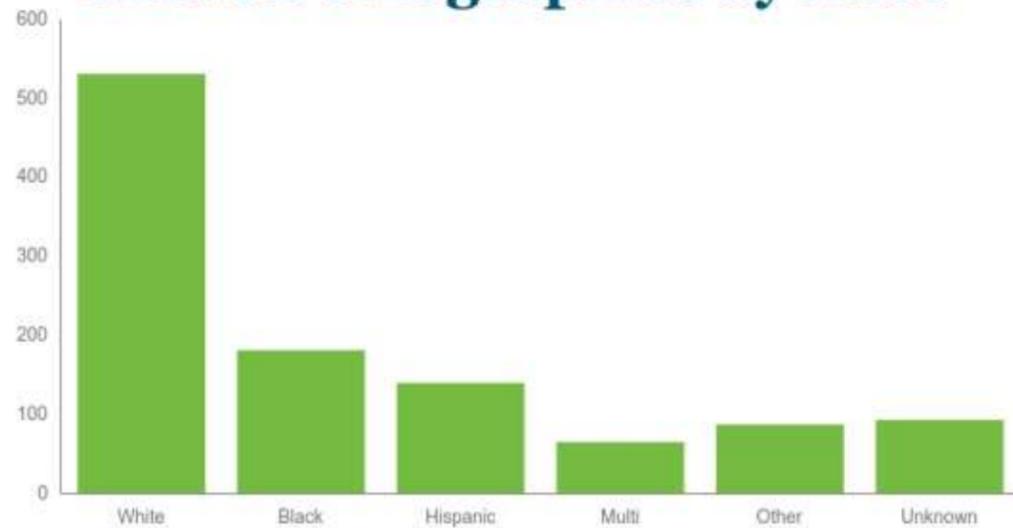
Client Demographics by Gender



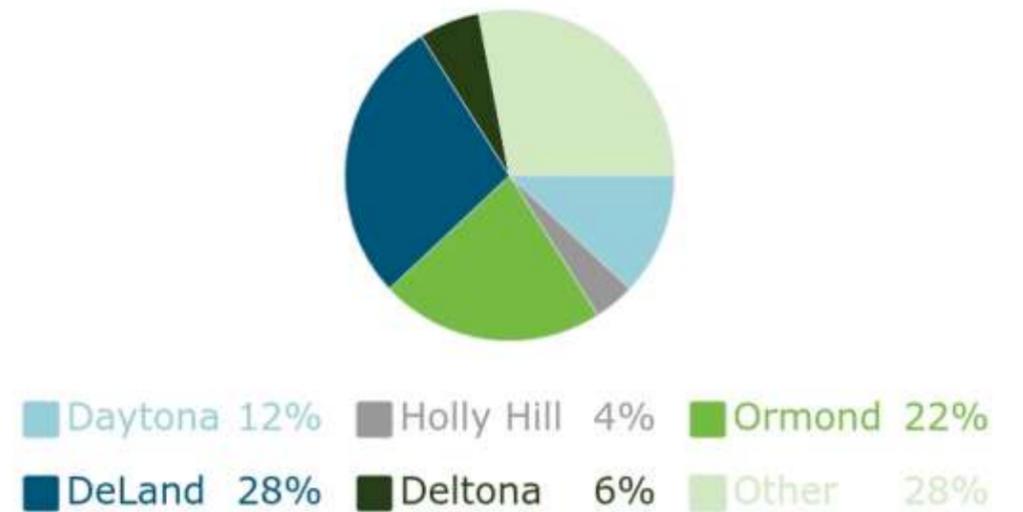
Client Demographics by Age



Client Demographics by Race



Client Demographics by Location



Success Stories

I met this client on his first day in sixth grade when he almost sent another student to the hospital. The client was struggling with grieving and coping with a recent loss of his parent. Through his time with the agency, the client learned to cope with his emotions by walking away, taking space, and talking to trusted adults instead of using violence. The client was able to join several clubs at school. The client is continuing to work to process grief and is making good progress.

Client presented with history of abuse that was causing behavioral issues at home and school. The client was at risk of being suspended and having to repeat the current grade. During the course of treatment, the client had to testify about the abuse in front of the alleged perpetrator. Client was able to successfully testify and the perpetrator was found guilty. The client stated they were proud of themselves for telling what happened and not feeling scared during the trial. The client's parent reported improvements in the client's behaviors both at home and school. The parent stated the client was following rules, getting along with their siblings, sleeping better, and coping with her feelings thanks to the skills they learned in treatment. Client's parent also reported that the client achieved Honor Roll for the first time. Client's mother stated the services helped the family heal and bring them closer together.





"I honestly think we would not have made it through all this without you guys. I'm glad we did this voluntary program. You guys are fantastic!"



Client started in the third grade having challenges in the class room with aggression, not completing assignments, throwing objects and hitting staff. Client was brought up for expulsion and had many out of school suspensions. Client played football which was an outlet and joined drum line. Client moved to middle school experiencing some minor challenges in the sixth grade. Client is now promoted to the eighth grade. Client made the honor roll and received various awards for improvement in behavior and academics.

Client struggled with focusing and confidence. In his struggle, he dealt with losing his favorite teacher soon after he began to improve his work habits and feelings of wanting to be successful. Client said, "If I do good, I'll lose my friends." It took a lot of work with his mom to get him to understand that the losses had nothing to do with him. Client also has a learning disability and was able to get placed with the appropriate people to ensure a better chance for learning. Client's mother was able to utilize the resources provided. The results were wonderful for the client.



"I am so happy that I have you guys to talk to because I have no one else."



At The House Next Door, it is a joint effort to provide the support families need and deserve. The child was understandably anxious at the beginning of therapy.

However, she quickly took to the coping skills we taught her, experiencing a significant reduction in her symptoms. She began to regain her confidence as she learned about trauma and the tricks perpetrators use against children. Over the weeks, she came to realize that the abuse was not her fault and she learned the assertiveness skills needed to tell her story. She felt empowered to be able to speak directly to the judge and give her input on what she felt should happen to the alleged perpetrator. To be able to help an individual heal from their trauma and regain control of their lives is a feeling that is hard to describe.

Client was at one time aggressive toward peers and staff. Client received many discipline referrals for classroom disruptions. Client was then tested and placed in a classroom with a smaller number of students. Client stayed involved in football and the music program. Client was promoted to the sixth grade.

A teen client came to services to work on anxiety and depression. When starting services they struggled with anger, intense anxiety that impacted their schooling and social life, and depression that plagued their self-worth. After incorporating their love for art, family support, and a healthier environment they successfully discharged with tools to work through their anxiety and keep the depression at bay.



Program Descriptions



Alpha Program



The Alpha program utilizes an evidenced based model, Positive Action, to assist students and their caregivers in addressing academic and behavior challenges. The program is an alternative educational and counseling program designed to serve students in 3rd through 8th grade. The Alpha staff is able to assist students in and out of the classroom, in the community, and at home. The program requires caregiver involvement in order to help the student and family succeed. Students attend group and individual sessions weekly. The Alpha staff also works closely with the students' teachers and school administrators to address academic and behavior issues as they arise. The Alpha program utilizes strength-based approaches and incentives to help the students achieve progress and success. Students complete an academic assessment (KTEA-3) and a behavior assessment (BBRS-2) to assess their baseline when starting the program and complete the assessments at the end of the year to assess growth. Students who are successful in completing the program participate in a graduation ceremony at the end of the school year.

The Homework Club Program

The Homework Club is an after school program for elementary school aged children. It helps children with their homework while incorporating a social skills curriculum to expand on their self-esteem and to grow their ability to interact positively with others. The program uses the Positive Action curriculum. This curriculum begins with a pre-test and ends the year with a post test. These units of learning along with the monitoring of school behaviors and grades through access to progress reports and report cards are evaluated and noted through monthly reporting. Assistance with homework, computer access for homework and entertainment, adult supervision, enjoyable activities in a safe environment and snacks. Transportation is provided by the City of DeLand Police Department for two of the local schools, Woodward and Starke.

Together Everyone Achieves Miracles Program (TEAM)

The program reaches out to community groups for mentoring and introducing the Positive Action curriculum and mentality. Participants are aged from 11-17 and are members of a sports or dance team. Our services are in addition to whatever team we represent. We want to establish a relationship by placing ourselves within a group, attending 4 to 5 days per week and create a connection in hopes of enhancing a youth's self-worth and personal value. Individual relationships with youth are an informal method of success. Formal is the percentages from personal goal achievements, ongoing monitoring of school progress and report cards and comparisons made between pre and post assessments taken from the Positive Action curriculum.

C.A.R.E.S.

The C.A.R.E.S. Program is a prevention program that utilizes the wraparound model to provide support services to our families. The program engages each family's formal and natural supports and integrates them as part of a collaborative approach to providing support to each family as they work towards their individualized goals. The department is staffed by four CARE Coordinators, two Family Partners, and an administrative assistant under the administrative oversight of the Associate Director of C.A.R.E.S. The primary component that is measured is the ratio of natural supports to formal supports by program completion with the goal of natural supports being 51% or greater of the family's support. Other measures of success include the attainment of the family's vision statement.

Therapy Department

The therapy department provides short term solution focused treatment for adults, children, individuals, couples, and families. The therapy department employs staff therapists who have either graduated with their Masters degrees in counseling or are licensed in the State of Florida. We also have student interns who are in the process of completing their Masters in Mental Health Counseling or Marriage and Family Therapy. These students are under the supervision of their universities and schools as well as through our site. Each client is given a pre assessment to assess their level of symptoms. A customized treatment plan is completed to address goals and objectives for the client while they are in treatment. At the end of treatment the client is given a post assessment to assess their level of symptoms and if their symptoms have decreased. The client is also working to increase wellness throughout treatment and each client completes a wellness plan with their therapist upon discharge.

Sexual Abuse Treatment Program (SATP)

The Sexual Abuse Treatment Program (SATP) is housed within the therapy department. It is a specialized program for children, their affected siblings and non-offending caregivers who have experienced, witnessed, or are caring for the child of sexual abuse. The program utilizes a specialized method of treatment called Trauma Focused- Cognitive Behavioral Therapy (TF-CBT), which is a short term solution focused model. Each client is given a pre assessment to assess their level of symptoms. A customized treatment plan is completed to address goals and objectives for the client while they are in treatment. At the end of treatment the client is given a post assessment to assess their level of symptoms and if their symptoms have decreased. The client is also working to increase wellness throughout treatment and each client completes a wellness plan with their therapist upon discharge.

Parenting Program Making Changes & Step-by-Step

The parenting program utilizes an evidenced based model, The Nurturing Parent Program, to assist parents and families in learning about healthy, appropriate, and strength-based relationships between parent and child. The House Next Door has two parenting programs that are utilized separately and jointly to accommodate client and community needs. Step-by-Step seeks to assist parents and families from birth to 36 months. Making Changes seeks to assist parents and families from 3 to 11 years old. The program covers topics such as discipline, managing child emotions, building strong attachments, parenting styles, coping skills, managing negative behaviors and many more. Program success is measured by attendance. Clients must attend at least 8 groups and 4 individuals for a certificate of completion. The parent educator administers the AAPI-2 as a post assessment to determine what skills were gained.

WVHA Health Card Program

The WVHA Health Card Program is for people who have lived in West Volusia County for at least three months (*one month for homeless*) with an income below, equal, or up to 150% of the Federal Poverty Level Guidelines for their family size. Locations in Justin Square, Deltona, DeLand Counseling Center, and Farm Workers Association in Pierson (Monday afternoon only).

Medical care to include primary care, specialist care, medications & hospitalization. Success is measured by successful enrollment in the WVHA Health Card network of medical care.



Child Care Food Program (CCFP) Homes & Centers

The Child Care Food Program provides nutritional meals to children from the five major food groups. The objective of the Child Care Food Program is to make sure that nutritious meals and snacks are served and that good eating habits are taught in child care settings. Services offered include reimbursable meals for provider Homes/Centers, training, and on-site technical assistance. Program success is measured by The House Next Door's compliance with all requirements as well as accuracy in meal counts.

The Little House Next Door Child Development Center

The Little House is a child development center that cares for ages birth to six years. Our focus is the safety of our children, communication with our families and the healthy development of our enrolled children. Classes are arranged both by development and age groups. Each class offers the developmentally appropriate lesson plans and educational materials for the children to learn as guided by their teachers and the state approved curriculum. We are available from 6:30am to 6:00 pm Monday through Friday. The program's success is measured by each individual child and their progress of learning, development and personal achievements. Ages and Stages Questionnaires (ASQ's) may be used when a concern in a child's development is questioned with follow up therapeutic services initiated when necessary.

**Program Outcome
Summary 2019-2020**



89%
of clients engaged
in **SATP** achieved
success.

90%
of families engaged
in **Step by Step**
achieved **success.**

98%
of families engaged
in **Therapy**
achieved **success.**

89%
of clients engaged
in **Alpha Program**
achieved **success.**

89%
of families engaged
in **Making Changes**
achieved **success.**

96%
of families engaged
in **CARES** achieved
success.

100%
of clients engaged
in **Homework Club**
achieved **success.**



Innovative Initiatives

Homework Club YouTube Videos



Just as with our programs who provided face to face services for our community, the Homework Club was also challenged in restructuring how it would be able to continue to serve our community. At the time the Covid-19 pandemic increased in the community the agency recognized the need to provide continued service to the children of the Homework Club even while face to face services could not be provided.

Our amazing staff, Emma and Dantasha, were able to continually engage our students and families by frequent contact through phone, to check in on their health and wellbeing. This further solidified the Homework Club's influence in the community. The staff was also able to create over 90 YouTube videos to engage students in fun and educational activities.

The activities in the YouTube videos assisted children with reading skills and educational crafts to continue to promote learning while children remained at home during the pandemic. Some of the videos created focused on increasing math and science abilities, others were dedicated to scavenger hunts and Do It Yourself experiments. Thanks to these videos our Homework Club children were able to continue to maintain a fun learning environment even during challenging times. We love our Homework Club staff!



Telehealth



Our community and nation were faced with a unique challenge when the Covid-19 pandemic swept through our neighborhoods. With this new trial a need arose for our agency to quickly address client needs in many of our programs. Up to this time, clients were being seen in office, in their homes, and in school settings. With the need for little to no face to face contact our agency staff quickly assessed all viable options to maintain the safety of both our staff and clients.

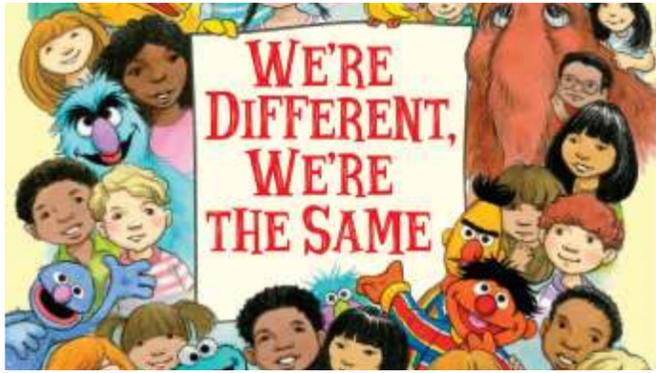
It was determined at that time that face to face contact would need to cease immediately in all programs where client's sessions were held in office, in the field, or in schools. Research then commenced on HIPAA compliant programs to maintain the confidentiality of the clients that we serve. Zoom and Skype were chosen for their ease of use and ability for clients to access the platforms for no charge on their smart phone or devices of choice. Each program began to get in contact with their clients to transition each client to telehealth. Staff also began the process of shifting to full teleworking from their homes.

All programs were transitioned to telehealth and teleworking on March 23rd, 2020. Clients across the entire agency experienced no interruption in services during the transfer of services to telehealth. Staff were able to provide services to all clients who wished to participate in telehealth, including our therapy clients, ALPHA students, parenting clients, and our in-home CARES clients. During this time, the staff was able to engage new clients in services as well as graduate clients.

Our ALPHA program was able to hold 100% online graduation ceremonies for their children at the end of the school year. The parenting department was able to transition all their group services to a telehealth format to assist clients with maintaining case plan requirements. The CARES staff was able to continue to maintain close contact with their clients to ensure continued safety for clients and their children. The therapy department was able to continue to assist clients with their mental health needs during an extremely stressful time for clients.

As we continue to phase back into face to face communication and sessions with our clients, we are reminded of the challenging times that our community as been through these last months and how The House Next Door staff have been able to provide continuous quality care for our clients and our community at large.

Inclusivity Movement



The House Next Door has always been committed to understanding people within their culture and respecting all value systems. A couple of years ago it was pointed out by staff we could do a better job of celebrating diversity in our reading materials in waiting rooms, learning about the accomplishments of people

of color and recognizing holidays other than the main stream ones. The Management Team made a commitment to explore in depth the experiences, history and the world view of different cultures in our community. Thus the Inclusivity Movement was born at The House Next Door.

The objective is to go well beyond respecting, supporting and complying with anti-discrimination laws and an annual workshop of Cultural Diversity. Our goal is to learn how it feels 'to walk in someone else's shoes', to understand 'white privilege' and to create an inclusive environment for all people – staff and clients.

To that end, the Management Team (CEO, COO, CFO, Senior Director and two Associate Directors) have researched and discussed articles, videos and books weekly for the past year. In the last few months, we have initiated the process with all Supervisors with the intention of incorporating the knowledge into individual supervision and then into our interactions with clients.

Current events have emphasized the need for each of us to examine the practices of positions of power. Not just for people of color, but those of different religions, sexuality and lifestyles also. It has been a confirmation for us that we are on the right path and has re-enforced our commitment to strengthen our agency by better utilizing all the skills and gifts of our staff.

New Curriculum



As part of our quality improvement program at The Little House Next Door, we have chosen two new curriculums to enhance the quality of our care. Our teachers have been training on them across the summer and we are now in the process of introducing them to our children.

Evidenced based and research backed, *Conscious Discipline* has won several awards and is one of the highest rated curriculums for social and emotional learning. *Conscious Discipline* strategies will be implemented through the Center, from the infant room to the VPK classroom. It is a method of teaching children not only what needs to be done, but how to do it in an appropriate manner. This interactive process helps children in regulating emotions, strengthening self-control and making all connections more meaningful.

Complimentary to the social and emotional learning is the *Frog Street* curriculum, another research based award winning curriculum, for VPK and pre-VPK classes. *Frog Street* is a blueprint for planning and implementing a developmentally appropriate program for joyful learning. Its effectiveness in helping children acquire the skills they need to succeed as learners is well documented. *Frog Street* also incorporates *Conscious Discipline* strategies for positive classroom management and child/teacher relationships.

This curriculum divides child development into the following areas with each daily lesson; social and emotional intelligence, brain development, literacy, second language learning, and STEM practices. Cultural sensitivity is embedded in the instruction and materials of the curriculum.



Holiday Generosity!

The HoHoHo Girls Charity Committee:

Bridget Bergens, Kathy Crotty, Sherry Gailey, Nancy Lohman, Susan Persis



Pall Corporation



We nearly doubled the number of participants this year compared to last year for our annual The House Next Door Family 5K that was held on Saturday, March 7, 2020!

#HND5K

Thank you so much to everyone who signed up to make this such a successful event. We greatly appreciate the support of all of our sponsors this year as well, especially AdventHealth, our Presenting Sponsor for the third year in a row!



We were overwhelmed by the generosity that was shown to our families in need this holiday season. Special thanks to AdventHealth, PALL Corporation, the HoHoHo Girls, DeLand Breakfast Rotary, Salvation Army, and Enterprise Elementary.



Audit Findings 2019-2020



The House Next Door currently has 17 contracts:

- West Volusia Hospital Authority (2)
- County of Volusia (3)
- Lutheran Services of Florida
- Seventh Judicial Courts
- Community Partnership for Children
- Office of Attorney General
- Department of Health (3)
- Early Learning Coalition
- United Way of Volusia & Flagler Counties (2)
- Boys & Girls Club of Volusia
- YMCA of Volusia Flagler Counties

Audit Findings

All audits were completed with no significant findings and all contracts are in good standing.

On site reviews were held by the following funders last year:

- Department of Children and Families—Childcare Center Licensing
- Department of Health—CCFP Program—Centers
- Department of Health—CCFP Program—Homes
- Department of Health—Sexual Abuse Treatment Program
- County of Volusia—Trauma Counseling
- Community Partnership for Children—CARES Program
- Lutheran Services for Florida—ADM contract which funds Therapy, Alpha, Parenting, and the Homework Club
- Boys & Girls Club—The Homework Club
- Volusia/Flagler YMCA—TEAM



Financial Highlights

Fiscal year July 1, 2019 through June 30, 2020

Support & Other Revenue

Revenue from governmental agencies	\$2,565,933
Grants-other	\$733,291
United Way	\$58,810
In-Kind contributions	\$167,917
Contributions	\$141,144
Charges for services	\$735,848
Investment Income	\$57,028
Other	\$34,779
Total Support	\$4,494,720

Expenses

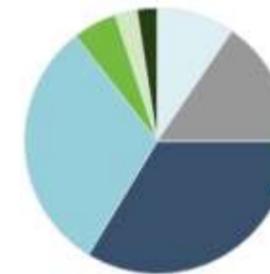
Program Services	\$4,083,779
Fundraising	\$60,695
Administration	\$421,127
Total Expenses	\$4,565,601
Net Assets Change	\$70,881
Net assets, beginning of year	\$3,165,000
Net assets, end of year	\$3,094,119

**This report is a combined financial "THE HOUSE NEXT DOOR FAMILY FOUNDATION, INC. CONSOLIDATED FINANCIAL"*

Total Assets

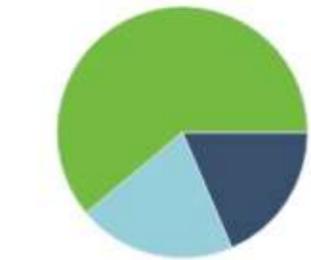
\$3,847,070

Cash	34%	Investments	31%
Grants	5%	Receivables	3%
Pre-Paid	3%	Property	9%
Other	15%		



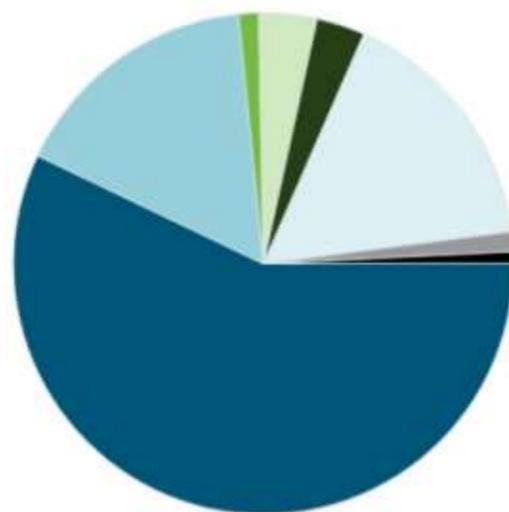
Total Liabilities

\$752,951



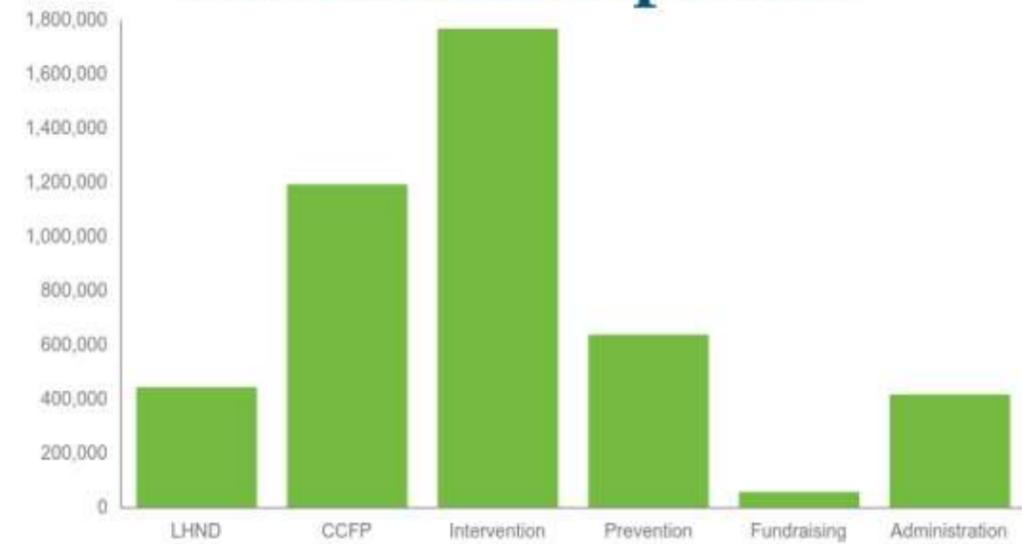
Accrued Wages	19%
Accounts Payable	20%
Refundable Advance	61%

Support



Government Agencies	57%
Grants	16%
United Way	1%
In-Kind	4%
Contributions	3%
Charges for Service	16%
Investment Income	1%
Other	1%

Functional Expenses



Our Board of Directors

Meaghan Sistrunk
Board President

Pam Masters
Board Vice President

DJ Lebo
Board Treasurer

Kathy Venice
Board Secretary

Mark Hayward
Officer at Large

James Baker
Board Member

Anita Bradford
Board Member

Dr. Patrick Coggins
Board Member

Paul Jones
Board Member

Sue Monti
Board Member

Claudia Roth
Board Member

Jacob Wilkerson
Board Member

Kyle Glass
Board Member

Daniel Thorne
Board Member

Hector DeJesus
Board Member

Tom Robertson
Foundation Board
President

Matt Branz
Foundation Board
Vice President

Mary Jeanne Ludwig
Foundation Board
Treasurer

Ann Grell
Foundation Board
Secretary

Cynthia Blomquist
Foundation Board Member

Cynthia DeLuca
Foundation Board Member

Our Management Team

Jennifer Nadelkov, Chief Executive Officer

Gail Hallmon, Chief Operations Officer

Henry Estrada, Chief Financial Officer

Morgan Perun, Senior Director

Brandi Helsby, Associate Director

Stacy Brown, Associate Director



Our Community Partners

The
Rotary
Club of DeLand



Florida Wealth Counseling, LLP
Certified Public Accountants



**Robertson
Advisory**
TOM ROBERTSON, CFP®PPC™



Early Learning Coalition
of Flagler & Volusia

Abundant Life Ministries-Hope House, Inc.
Serving Humanity With Love



Cecil Paul & Maria Jones Community Hero Award

Please join me in acknowledging and congratulating this year's Cecil Paul and Maria Jones Community Hero Award Winner.... Ms. Margaret Jones.

The Cecil Paul and Maria Jones Community Hero award was created in recognition of Paul and Maria Jones. The Jones' have dedicated decades of volunteer hours meeting our community's needs and have been steadfast supporters of The House Next Door.

The recipient of the Cecil Paul and Maria Jones Community Hero Award must have demonstrated over a significant period of time, dedication to the promotion of nurturing and empowering families in our community, combined with a strong sense of civic duty. This year's recipient has spent a lifetime volunteering in our community. She enjoys donating her time to the West Volusia Historical Society, Athens Theater, Friends of The Library, First United Methodist Church and countless other local charities. She obtained her bachelor's degree from Stetson University and her master's degree from the University of Cincinnati. Her career included being a Counselor at Deland High School, Educational Counselor to Student Athletes at Stetson University, Case Management Counselor to inmates, computer consulting and Access Coordinator for The House Next Door. During her time at The HND she met a woman with a young son who walked into our Administrative Office and asked for help finding housing. This young mother and her son, Joshua, with a great deal of leg work by our recipient, became the first residents of Family Renew. Our recipient continued to mentor this young woman and her son, long after leaving The HND. The bond grew and Joshua became a Godson. The night Margaret was called to inform her of this award, she was excitedly packing her suitcase, as she was leaving to fly out for a visit to see Joshua. Since leaving our agency, our recipient has continued to advocate and support The HND. When asked why she is still so passionate about The HND, she replied, "I believe in the work we do".

Thank you to Our Donors!

- Adams Cameron Foundation
- AdventHealth
- Brown & Brown
- Bruce & Sally Rogers
- Claudia Roth
- Collaborative Divorce Center
- Cynthia Blomquist
- Debra Pardee
- DeLand Breakfast Rotary
- DeLand Lions
- Florida Health Care Plans
- Grainger
- Hazel Shirley Price Estate
- Intracoastal Bank
- James Moore & Co.
- Johnny Tew
- Kathleen Brown
- Lacey Family Foundation
- Legacy at Oak Meadows
- Mainstreet Community Bank
- Maria's Travel
- Masters Electric
- Mid-Florida A/C
- Monti Consulting, Inc.
- Paul & Maria Jones
- PNC Foundation
- SMA Healthcare
- Southwind Management
- SYKES
- United Way
- US Blinds
- Walmart Neighborhood Market

**Thank you to all
of our 2019-2020
fiscal year donors!**

**Donors listed above made
donations of \$250 or more.*

