

"Nurturing and Empowering Families to Help Build Stronger Communities."

Serving Flagler and Volusia Counties



# The House Next Door From our House to Yours...

## **October is Parenting Month**

October is parenting month. Parenting is a hard but rewarding job. Parents help their child develop from childhood into adulthood with skills to foster independence, self esteem and ensure physical, emotional, and spiritual needs are met. In today's world, there are many influences on our children. As a parent, we need to keep in mind that we are the primary influence on our children. Children are reliant on their parents to protect and provide for them. By providing children with a safe, warm, and caring home, parents are supporting their children in becoming caring, kind adults. Children who are well cared for and are treated respectfully treat not only themselves but others and their environment better. Children who are well cared for trust that their needs will be met and therefore are more likely to develop healthy relationships, are more confident, resilient and tend to be more successful as adults. Children who are well cared for feel good about themselves and tend to make better choices throughout their lives. Providing our children with unconditional love, regardless of the circumstances, promotes positive growth in all aspects of the child's life. Here at House Next Door, we provide parenting classes to partner with parents raising children ages birth to eleven. Parenting education is a free service provided to parents who are either self-referred by DCF or one of the sister agencies. Once enrolled, the parent receives ten weeks of services which includes weekly group sessions and five individual sessions. Individual sessions are conducted biweekly. Group sessions are facilitated using the Nurturing Parent Model. During group sessions, clients receive education on the 7



principles of the Nurturing parent which focuses on expectations and development of children. Parents learn about the importance of attachment, the need to express feelings, their need for self-care and how that can affect their children and ways they can improve both their own and their child's feelings of selfworth. Parents are also provided with strategies for reducing conflict and solving problems within their home. Once the parent meets the attendance and participation requirements, the parents receives a certificate of completion.

- Beckie Taylor

## September 2022 Employee of the Month Angie Hicks

Our September Employee of the month has been with HND for many years. This employee demonstrates our values by making a difference with the services she provides for preschool aged children. This staff member is always conscientious to ensure the rules are followed and healthy meals are served. She also very much enjoys banana foster French toast. Please join me in congratulating our September Employee of the month, Angie Hicks.



## October 2022









## www.thehnd.com

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#### **How You Can Help**

To give a secure online donation, learn about our amazon smile and scrip card programs, help fulfill our wish list, or view current volunteer or career opportunities, please visit our website at: thehnd.com

#### <u>The House Next Door</u> Family Foundation

Established in 2002, governed by local leaders, committed to the preservation of family services at The House Next Door.

Be a part of ensuring a healthy future for our community. Contact Tom Robertson, Foundation President, at tomrobertsonrai@gmail.com for further information.

**Hurricane Ian Cleanup at LHND** 



On October 1st, a few days after Hurricane Ian visited DeLand, the team of HND staff, LHND staff and a group of parents came together to help volunteer to clean up the playground at LHND. After inspecting The Little House Next Door, we noticed damage. Jen Nadelkov, our CEO, and Terrell, Director of Clinical Services, patched up the roof. Everyone helped clean up the mess that was left by the Hurricane. We're grateful that the Spagnol and Brown family also came over to help us and Jen came up with the idea to restructure a new playground for the kids. There was a lot of rotten wood so the dads came in and tore it down on one end to rebuild the new little Crooked House. The reaction of the kids upon seeing their new playground for the first time was one of the best! They were so excited and couldn't wait to play on their new playground. We're so grateful for our incredible staff and families who continue to do so many things in our community.



# In Loving Memory—Hector DeJesus

A life so wonderfully lived deserves to be wonderfully remembered. Hector DeJesus served our board from 2016-2018 and returned in 2020. He gave countless hours to help promote HND and empower families in our community. While he will be truly missed, we are blessed to have been the recipients of his bright personality and strong leadership.

